guitar theory for dummies pdf

guitar theory for dummies pdf serves as an essential resource for beginners and intermediate guitar players seeking to understand the foundational concepts of guitar music theory. This comprehensive guide simplifies complex topics such as scales, chords, and harmony into digestible information, making it easier for learners to grasp and apply theoretical principles. Whether one is aiming to improve improvisation skills, compose original music, or simply understand the fretboard better, a well-structured guitar theory for dummies pdf can provide clear explanations and practical examples. The use of visual aids, exercises, and straightforward language enhances the learning process, enabling guitarists to progress faster. This article explores the critical components covered in guitar theory for dummies pdf materials, including basic music theory, chord construction, scale patterns, and common progressions. Additionally, it highlights how these elements work together to develop a solid musical foundation on the guitar. Below is a detailed overview of the main topics discussed.

- Understanding Basic Music Theory for Guitar
- Essential Guitar Scales and Their Applications
- Chord Construction and Types
- Common Chord Progressions and Their Functions
- Practical Tips for Using Guitar Theory in Playing and Composing

Understanding Basic Music Theory for Guitar

Basic music theory is the groundwork upon which all guitar knowledge is built. A guitar theory for dummies pdf typically introduces fundamental concepts such as notes, intervals, and the musical alphabet. This section allows learners to comprehend how music is structured, which is crucial for understanding scales, chords, and melodies.

The Musical Alphabet and Notes

The musical alphabet consists of 12 unique notes that repeat across octaves. These notes are A, A#/Bb, B, C, C#/Db, D, D#/Eb, E, F, F#/Gb, G, and G#/Ab. Understanding these notes and their placement on the guitar fretboard is essential for any guitarist.

Intervals and Their Importance

Intervals describe the distance between two notes and are fundamental in building scales and chords. Common intervals include major and minor seconds, thirds, fifths, and octaves. Recognizing intervals aids in identifying chord qualities and scale types.

The Role of the Staff and Tablature

While traditional music notation uses a staff, many guitarists rely on tablature (tab) for reading music. A guitar theory for dummies pdf often explains both, emphasizing how to read notes, rhythms, and finger positioning.

Essential Guitar Scales and Their Applications

Scales are sequences of notes ordered by pitch and are central to melody and improvisation. A comprehensive guitar theory for dummies pdf outlines various scale types, their structures, and how to apply them musically.

The Major Scale

The major scale forms the basis for Western music and is composed of seven notes following a specific pattern of whole and half steps. Learning the major scale on guitar helps players understand key signatures and build chords.

The Minor Scale Variations

Minor scales, including natural, harmonic, and melodic minors, provide a different tonal quality, often perceived as sad or melancholic. Each variation introduces subtle differences useful for composing and improvising.

Pentatonic and Blues Scales

These scales are popular among guitarists, especially in blues, rock, and pop music. The pentatonic scale uses five notes and is easier to memorize, while the blues scale adds a distinctive "blue note" that colors solos.

How to Practice Scales Effectively

Practicing scales involves playing them in different positions and patterns across the fretboard. Using a metronome and focusing on alternate picking

Chord Construction and Types

Understanding how chords are built and classified is a key aspect of guitar theory. A guitar theory for dummies pdf breaks down chord formulas, enabling players to create and recognize different chord types.

Basic Triads: Major, Minor, and Diminished

Triads consist of three notes: the root, third, and fifth. Major triads have a major third and perfect fifth, minor triads include a minor third, and diminished triads feature a minor third and diminished fifth.

Seventh Chords and Extensions

Seventh chords add a fourth note (the seventh) to triads, enriching harmony. Extensions such as ninths, elevenths, and thirteenths create more complex sounds used in jazz and contemporary music.

Common Chord Shapes on Guitar

Guitarists use specific fingerings to play chords. Open chords, barre chords, and movable shapes are all covered in guitar theory resources to build versatility on the instrument.

- 1. Open Chords: Simple shapes using open strings
- 2. Barre Chords: Using one finger to press multiple strings
- 3. Movable Chord Shapes: Patterns that shift across the fretboard

Common Chord Progressions and Their Functions

Chord progressions form the harmonic backbone of songs. A guitar theory for dummies pdf typically explains how to construct and understand popular progressions and their musical roles.

The I-IV-V Progression

One of the most fundamental progressions in Western music, the I-IV-V, uses the first, fourth, and fifth chords of a key. It is prevalent in blues, rock, and pop genres.

The ii-V-I Progression

Common in jazz, the ii-V-I progression creates a smooth resolution and is essential for players exploring advanced harmony and improvisation.

Using Progressions to Compose and Improvise

Knowing chord functions helps guitarists create song structures and improvise effectively. Recognizing tension and resolution within progressions enhances musical expression.

Practical Tips for Using Guitar Theory in Playing and Composing

The application of guitar theory is crucial for translating knowledge into musical ability. A guitar theory for dummies pdf often includes practical advice on integrating theory into everyday playing.

Learning the Fretboard

Memorizing note locations on the fretboard allows players to navigate scales and chords with confidence. Techniques such as learning octave shapes and practicing scales in various positions are recommended.

Ear Training and Theory

Developing aural skills complements theoretical knowledge. Recognizing intervals, chord qualities, and progressions by ear enhances improvisation and composition.

Writing Your Own Music

Combining scales, chords, and progressions enables guitarists to compose original pieces. A structured approach using theory can inspire creativity and improve songwriting skills.

- Practice regularly with a focus on theory application
- Use backing tracks to experiment with scales and progressions
- Analyze songs to understand theoretical elements in context
- Record and review your playing to identify areas for improvement

Frequently Asked Questions

Where can I find a free 'Guitar Theory for Dummies' PDF?

You can find free 'Guitar Theory for Dummies' PDFs on educational websites, online forums, or by searching through legitimate free eBook platforms. Always ensure downloads are legal and from trustworthy sources.

What topics are covered in 'Guitar Theory for Dummies'?

The book typically covers basics such as reading guitar tablature and standard notation, understanding scales and chords, music theory fundamentals, rhythm and timing, and tips for applying theory to playing guitar.

Is 'Guitar Theory for Dummies' suitable for beginners?

Yes, 'Guitar Theory for Dummies' is designed specifically for beginners and those new to music theory, providing easy-to-understand explanations and practical examples for learning guitar theory.

Can I use 'Guitar Theory for Dummies PDF' to improve my improvisation skills?

Absolutely. The book explains scales, modes, and chord progressions, which are key elements to understanding and improving improvisation on the guitar.

Are there any supplementary materials available with the 'Guitar Theory for Dummies PDF'?

Often, the book comes with online resources, audio examples, or practice exercises. Check the publisher's website or the PDF's accompanying materials for additional learning aids.

How does 'Guitar Theory for Dummies' compare to other guitar theory books?

'Guitar Theory for Dummies' is praised for its clear, beginner-friendly approach, making complex concepts accessible. While other books might go deeper, this one is ideal for foundational learning and quick reference.

Additional Resources

1. Guitar Theory for Dummies

This beginner-friendly guide breaks down the basics of guitar theory into simple, easy-to-understand concepts. It covers essential topics like scales, chords, and key signatures, making it perfect for self-taught guitarists. With diagrams and practice exercises, it helps players improve their musical understanding and playing skills step-by-step.

2. Music Theory for Guitarists: Everything You Ever Wanted to Know But Were Afraid to Ask

Designed specifically for guitar players, this book explains music theory in a clear, practical way. It focuses on how theory applies directly to the guitar fretboard and includes exercises to master scales, modes, and chord construction. Ideal for players looking to deepen their musical knowledge without overwhelming jargon.

- 3. Fretboard Theory for Guitarists
- This book provides a detailed exploration of the guitar fretboard and how music theory relates to it. It teaches how to visualize scales, intervals, and chords across the neck to improve improvisation and songwriting. Perfect for guitarists who want to connect theory with real playing techniques.
- 4. Hal Leonard Guitar Method Book 2: Music Theory & Technique
 A continuation of the popular Hal Leonard Guitar Method, this volume
 introduces fundamental music theory concepts alongside guitar techniques. It
 includes lessons on note reading, rhythm, scales, and chords with practical
 applications. Suitable for beginners transitioning to intermediate players.
- 5. The Guitar Grimoire: A Compendium of Formulas for Guitar Scales and Modes A comprehensive resource for guitarists interested in mastering scales and modes, this book dives deep into theoretical concepts. It features detailed diagrams and formulas to understand scale construction and modal usage. Recommended for intermediate to advanced players seeking to expand their theoretical toolkit.
- 6. Essential Guitar Theory: A Complete Guide for Beginners
 This guide simplifies music theory fundamentals tailored for guitarists just starting out. It covers reading music, understanding rhythm, and basic scale and chord theory with straightforward explanations. The book is filled with practice tips to help beginners build confidence and skill.

7. Fretboard Roadmaps: The Essential Guitar Patterns That All the Pros Know and Use

Focusing on practical application of theory, this book teaches essential fretboard patterns used by professional guitarists. It explains how to use these patterns to navigate scales, chords, and improvisation effectively. Great for players wanting to apply theory in a musical context quickly.

- 8. Music Theory for the Bass Player
- Though aimed at bassists, this book offers valuable insights into music theory that guitarists can benefit from as well. It covers fundamental concepts such as intervals, scales, and chord construction with a focus on rhythm section roles. Helpful for guitarists looking to improve their understanding of harmony and groove.
- 9. Understanding Guitar Theory: A Step-by-Step Approach to Playing Better Guitar

This book breaks down complex theory concepts into manageable lessons geared towards guitar players. It includes practical exercises for scales, chords, and arpeggios to enhance both playing ability and musical comprehension. Ideal for players committed to improving their technique through theory mastery.

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Guitar Theory for Dummies PDF

Name: Unlock the Fretboard: A Beginner's Guide to Guitar Theory

Contents:

Introduction: What is guitar theory and why is it important? Debunking common myths.

Chapter 1: Understanding the Fretboard: Notes, intervals, scales, and chords. Basic fretboard navigation.

Chapter 2: Major and Minor Scales: Constructing major and minor scales. Identifying patterns and relationships.

Chapter 3: Chords and Chord Progressions: Basic chord types (major, minor, 7th). Understanding chord progressions and voicings.

Chapter 4: Rhythm and Timing: Understanding time signatures, note values, and rhythmic notation.

Chapter 5: Putting it all together: Songwriting and Improvisation: Basic songwriting techniques. Simple improvisation exercises.

Conclusion: Next steps in your guitar theory journey. Resources and further learning.

Unlock the Fretboard: A Beginner's Guide to Guitar Theory

Learning guitar is a rewarding experience, but mastering the instrument goes beyond memorizing chords and strumming patterns. A strong understanding of guitar theory unlocks a world of musical possibilities, allowing you to understand the "why" behind the music, not just the "how." This comprehensive guide, designed for absolute beginners, will demystify guitar theory and empower you to play with greater confidence and creativity.

1. Introduction: Why Guitar Theory Matters (And Why It's Not as Scary as You Think)

Many aspiring guitarists shy away from theory, viewing it as a complex and intimidating subject. However, the truth is that understanding basic guitar theory significantly enhances your playing. It's not about memorizing endless formulas; it's about understanding the underlying relationships between notes, chords, and scales. Think of it as learning the language of music. Once you grasp the fundamentals, you'll find yourself composing, improvising, and understanding songs at a much deeper level.

This introduction will dispel common myths surrounding guitar theory, demonstrating that it's accessible and crucial for progress. We'll explore the benefits of understanding theory, including:

Faster learning: Identifying patterns and relationships makes memorizing chords and scales easier. Improved improvisation: You'll be able to create your own musical phrases with intention and purpose.

Enhanced songwriting: Theory provides the framework for creating memorable melodies and harmonies.

Deeper musical understanding: You'll appreciate the structure and artistry of your favorite songs. Greater confidence: Knowing the "why" behind your playing builds confidence and reduces frustration.

This section will also set the stage for the journey ahead, outlining the key concepts we'll cover and providing a roadmap for your learning experience.

2. Chapter 1: Navigating the Fretboard: Your Musical Map

The fretboard is your instrument's musical map. Understanding its layout is foundational to learning guitar theory. This chapter covers the essential building blocks:

Notes: Learning the names of the notes on the fretboard (A, B, C, D, E, F, G) is the first step. We'll

use various methods to help you memorize them effectively, including visual aids and practical exercises.

Intervals: Intervals are the distances between notes. Understanding intervals (e.g., major second, minor third) is key to understanding scales and chords. We'll explain these concepts clearly and simply, avoiding complex musical terminology.

Scales: Scales are sequences of notes arranged in specific patterns. We'll focus on the most common scales – major and minor – showing how they are built using intervals and explaining their characteristic sounds. We'll introduce visual aids like fretboard diagrams to illustrate the scale patterns.

Chords: Chords are combinations of three or more notes played simultaneously. We'll introduce basic chord shapes (major, minor, 7th chords) and show how they relate to scales. We'll demonstrate how to identify the notes within each chord.

This chapter provides a practical, step-by-step approach to mastering the fretboard, making it easy to navigate and understand. We'll provide plenty of exercises and diagrams to reinforce learning.

3. Chapter 2: Mastering Major and Minor Scales: The Foundation of Melody

Major and minor scales are the backbone of most Western music. This chapter dives deeper into their construction and characteristics:

Constructing Major Scales: We'll show you the formula for constructing a major scale (W-W-H-W-W-W-H, where W=whole step, H=half step) and how it applies to all 12 keys. We'll use clear diagrams and examples.

Constructing Minor Scales: We'll explore different types of minor scales (natural, harmonic, melodic) and their unique characteristics. We'll explain the differences between them and their uses in music. Identifying Scale Patterns: We'll show you how to identify the patterns of major and minor scales on the fretboard, allowing you to play them in any key without difficulty.

Relative Major and Minor: We'll explain the relationship between major and minor scales (e.g., C major and A minor are relative). Understanding this connection simplifies learning and improvisation.

This chapter will equip you with the skills to confidently play major and minor scales in any key, providing a solid foundation for improvisation and songwriting.

4. Chapter 3: Understanding Chords and Chord Progressions: Building Harmonies

Chords are the building blocks of harmony. This chapter covers the fundamentals:

Basic Chord Types: We'll explore major, minor, 7th chords and their inversions. We'll explain how

these chords are constructed from scales and how they create different moods and feelings.

Chord Voicings: We'll introduce different ways to play the same chord (voicings), demonstrating how these variations affect the sound and texture.

Chord Progressions: We'll explore common chord progressions (e.g., I-IV-V-I) and explain how they create musical structure and flow. We'll illustrate how chord progressions are used in different genres of music.

Analyzing Chord Progressions: We'll guide you on how to analyze chord progressions in your favorite songs, helping you understand their structure and harmony.

This chapter will give you the tools to understand and create compelling chord progressions, leading to more expressive and sophisticated playing.

5. Chapter 4: Rhythm and Timing: The Groove Factor

Music is not just about notes; it's about rhythm and timing. This chapter explores:

Time Signatures: We'll explain different time signatures (e.g., 4/4, 3/4) and how they affect the feel and rhythm of the music.

Note Values: We'll cover different note values (whole, half, quarter, eighth, etc.) and how they determine the duration of notes.

Rhythmic Notation: We'll show you how to read and understand basic rhythmic notation. Developing Your Sense of Rhythm: We'll provide exercises and tips to help you improve your rhythmic precision and feel.

A strong sense of rhythm is essential for any musician. This chapter lays the groundwork for developing that crucial skill.

6. Chapter 5: Putting It All Together: Songwriting and Improvisation

This chapter combines the knowledge gained in previous chapters:

Basic Songwriting Techniques: We'll introduce simple songwriting techniques, demonstrating how to use scales, chords, and rhythms to create your own songs.

Simple Improvisation Exercises: We'll provide exercises to help you improvise using scales and chords, building your confidence and creativity.

Connecting Theory to Practice: We'll demonstrate how to apply theoretical concepts to actual playing situations.

Developing Your Musical Ear: We'll suggest techniques for improving your ability to hear and recognize musical intervals and chords.

This chapter empowers you to translate theory into practical application, unlocking your creative

7. Conclusion: Your Continuing Musical Journey

This guide provides a solid foundation in guitar theory. The conclusion summarizes key concepts and encourages further exploration. It suggests resources for continued learning, including websites, books, and online courses. We'll also outline the next steps in your musical journey, encouraging you to continue practicing and expanding your knowledge.

FAQs

- 1. Is this PDF suitable for complete beginners? Yes, this ebook is designed specifically for individuals with little to no prior knowledge of guitar theory.
- 2. Do I need prior musical experience? No, prior musical experience isn't required. The book starts from the very basics.
- 3. How long will it take to complete this course? The completion time depends on your learning pace, but dedicating consistent time will yield the best results.
- 4. What software or tools do I need? You only need a guitar and access to the PDF.
- 5. Can I use this ebook with other learning resources? Absolutely! This ebook complements other learning methods.
- 6. What if I get stuck on a concept? The ebook is designed to be straightforward. You may want to refer to online tutorials or a musical friend.
- 7. Is there an accompanying audio track? While not included, many online resources can help you hear the examples within the book.
- 8. What if I don't understand a particular section? Please reread the section and if needed, search for the concept online for alternative explanations.
- 9. Can I share this ebook with others? No, sharing the ebook is a violation of copyright.

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guitar theory for dummies pdf: Music Theory For Dummies Michael Pilhofer, Holly Day, 2019-07-11 Tune in to how music really works Whether you're a student, a performer, or simply a fan, this book makes music theory easy, providing you with a friendly guide to the concepts, artistry, and technical mastery that underlie the production of great music. You'll quickly become fluent in the fundamentals of knocking out beats, reading scores, and anticipating where a piece should go, giving you a deeper perspective on the works of others — and bringing an extra dimension to your own. Tracking to a typical college-level course, Music Theory For Dummies breaks difficult concepts down to manageable chunks and takes into account every aspect of musical production and

appreciation — from the fundamentals of notes and scales to the complexities of expression and instrument tone color. It also examines the latest teaching techniques — all the more important as the study of music, now shown to provide cognitive and learning benefits for both children and adults, becomes more prevalent at all levels. Master major and minor scales, intervals, pitches, and clefs Understand basic notation, time signals, tempo, dynamics, and navigation Employ melodies, chords, progressions, and phrases to form music Compose harmonies and accompanying melodies for voice and instruments Wherever you want to go musically — as a writer or performer, or just as someone who wants to enjoy music to its fullest — this approachable guide gives you everything you need to hear!

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guitar theory for dummies pdf: Guitar For Dummies Mark Phillips, Jon Chappell, 1998-09-16 Let's face it - in the music world, guitars set the standard for cool. Since the 1950s, many of the greatest performers in rock 'n' roll, blues, and country have played the guitar. Playing electric guitar can put you out in front of a band, where you're free to roam, sing, and make eye contact with your adoring fans. Playing acoustic guitar can make you the star of the vacation campfire sing-along or allow you to serenade that special someone. And playing any kind of guitar can bring out the music in your soul and become a valued lifetime hobby. Guitar For Dummies delivers everything the beginning to intermediate guitarist needs. The information has been carefully crafted so that you can find exactly what you want to know about the guitar. This clearly written guide is for anyone who wants to know how to Strum basic chords and simple melodies Expand your range with advanced techniques Play melodies without reading music Choose the right guitar Tune, change strings, and make simple repairs Figure out how to play anything from simple chord progressions to smokin' blues licks. Guitar For Dummies also covers the following topics and more: Hand position and posture Basic major and minor chords Adding spice with basic 7th chords and barre chords Playing melodies in position and in double-stops Different styles including rock, blues, folk, and classical Buying a guitar and accessories Taking care of your guitar Guitar For Dummies also contains a play-along audio CD that contains all 97 songs and exercises from the book. Whether you're contemplating a career as a heavy metal superstar or you just want to strum a few folk songs for your friends, this friendly book-and-CD package makes it easy to pick up the guitar and start playing. Note: CD-ROM/DVD and other supplementary materials are not included as part of eBook file.

guitar theory for dummies pdf: Fretboard Theory Desi Serna, 2008-11 Do you love sitting at home playing guitar, but find yourself playing the same old things over and over without making much progress? When other musicians invite you to jam, do you worry that you won't be able to keep up? Are you a veteran guitarist who has played for years, but you're embarrassed to admit you have no idea what you're doing? If you want to take your guitar playing to the next level, compose songs like you hear on the radio, and improvise your own music, then you need Fretboard Theory. Fretboard Theory by Desi Serna teaches music theory for guitar including scales, chords, progressions, modes and more. The hands-on approach to theory shows you how music works on the guitar fretboard by visualizing shapes and patterns and how they connect to make music. Content includes: * Learn pentatonic and major scale patterns as used to play melodies, riffs, solos, and bass lines * Move beyond basic chords and common barre chords by playing the types of chord inversions and chord voicings used by music's most famous players * Chart guitar chord progressions and play by numbers like the pros * Identify correct scales to play over chords and progressions so you can improvise at will * Create new sounds with music modes and get to know Ionian, Dorian, Phrygian, Lydian, Mixolydian, Aeolian and Locrian * Add variety to your playing by using intervals such as thirds, fourths, and sixths * Increase your chord vocabulary by using added chord tones and extensions to play chord types such as major 7, minor 7, sus2, sus4, add9, and more * Learn how all the different aspects of music fit together to make a great song * See how theory relates to popular styles of music and familiar songs Fretboard Theory will have you mastering music like a pro easier and faster than you ever thought possible. Plus, it's the ONLY GUITAR THEORY RESOURCE in the

world that includes important details to hundreds of popular songs. You learn how to play in the style of pop, rock, acoustic, blues, and more! This guitar instruction is perfect whether you want to jam, compose or just understand the music you play better. The material is suitable for both acoustic and electric guitar, plus it features many references to bass. Level: Recommended for intermediate level players on up. Video Fretboard Theory is also available as a 21-hour video series that is sold separately on the author's GuitarMusicTheory.com website. Visit the website and sign up for email lessons to sample the footage. Fretboard Theory Volume II When you're ready to take your playing to the next level, get the second book in the series, Fretboard Theory Volume II, which is also available as a 12-hour video series.

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and play-along tracks.

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maximize its 400+ exercises and improve your guitar playing. (If you need instruction on topics like buying or tuning a guitar and playing basic chords, check out Guitar For Dummies.) This practical book starts off with warm-up exercises (on and off-instrument) and then logically transitions to scales, scale sequences, arpeggios, arpeggio sequences, and chords, with a focus on building strength and consistency as well as refining technique. Each section helps you to practice correct hand and body posture and experience variations, such as fingering options and hand positions, and then ends with a brief musical piece for you to try. You can also practice incorporating other facets of musical performance in your exercises, such as: Tempo Time signature Phrasing Dynamics The book wraps up with tips to help you maximize your practice time (like setting goals for each session), ways to improve your musicianship (such as studying other performers' body language), and an appendix that explains the accompanying website (where you can find audio tracks and additional information). Grab your guitar, grab a copy of Guitar Exercises For Dummies, and start perfecting your finger picking today. P.S. If you think this book seems familiar, you're probably right. The Dummies team updated the cover and design to give the book a fresh feel, but the content is the same as the previous release of Guitar Exercises For Dummies (9780470387665). The book you see here shouldn't be considered a new or updated product. But if you're in the mood to learn something new, check out some of our other books. We're always writing about new topics!

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figure this stuff out. I've taught the material in this book to thousands of musicians around the world both in person and via my website, and I can tell you this: Learning about music theory doesn't need to be scary, confusing, difficult or something that you avoid doing because you don't know where to start. It's time to become the guitar player you know you could be!

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cases, and other goodies Pick and strum to produce a clean, clear, buzz-free tone Know whether you're really in tune Play melodies without reading music Perform basic guitar maintenance and repairs Build strength and dexterity while playing Play in different styles, including rock, blues, folk, jazz, and classical Make your guitar talk with bends and slides! Fully revised and updated, with an all new interactive CD that allows readers to listen, learn, tune, and play along, Guitar For Dummies 2nd Edition is the perfect introductory guide for any novice acoustic or electric guitar player. Note: CD-ROM/DVD and other supplementary materials are not included as part of eBook file.

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popular styles of music as proficiently as possible. Through a series of exercises, you are trained to use the proper techniques needed to play common guitar parts. You also discover techniques that make an immediate difference in how well you pick, so you see fast results. In order to learn the most practical skills, you play examples composed in the style of familiar songs. You even unleash your creativity by applying your newfound skills to your own improvisations and compositions. Your path to picking improvement involves the development and application of the following techniques: Alternate picking Changing strings on downstrokes Downstroke sweep picking Downstroke economy picking Upstroke string changes, sweep picking, and economy picking Pick slanting Inside and outside picking Playing melodic patterns (a.k.a. scale sequences) Crosspicking After completing Guitar Picking Mechanics, you will be able to pick more quickly, more accurately, and more comfortably. You will know how to compose fluid lead lines around efficient mechanics. Most importantly, you will discover which picking techniques work best for you so you can play to your strengths. Guitar Picking Mechanics is not just about technique—it is about your artistic expression and style. The program's goals are for you to explore options, develop new skills, break through barriers, and make progress so that your guitar playing becomes something you can be proud of. :) The Guitar Picking Mechanics book includes: 100 pages of instruction 84 Notation Figures with Tablature 74 Audio Tracks Are you ready to make your picking problems a thing of the past? Do you want to see how changing your approach to picking can help you progress faster than you thought possible? Get your copy of Guitar Picking Mechanics today! Requirements Guitar Picking Mechanics is not a beginner guitar program. In order to take full advantage of this instruction, you should already be playing at an intermediate level. Your skills should include being able to play pentatonic scale and three-notes-per-string scale patterns. Guitar Picking Mechanics works on either an acoustic or electric guitar. Both right-handed and left-handed guitar players can follow the lessons. Audio Tracks Once you have your book, follow the instructions to download all the audio tracks. If you would prefer to have the audio tracks on CD, purchase the CD as well, which is listed and sold separately on Amazon. Book Formats Amazon sells paperbacks and Kindles. PDF eBooks are sold at the author's website. Visit http://GuitarMusicTheory.com/pick for more information.

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Mankoff to Seattle Seahawks Coach Pete Carroll. "Duckworth's ideas about the cultivation of tenacity have clearly changed some lives for the better" (The New York Times Book Review). Among Grit's most valuable insights: any effort you make ultimately counts twice toward your goal; grit can be learned, regardless of IQ or circumstances; when it comes to child-rearing, neither a warm embrace nor high standards will work by themselves; how to trigger lifelong interest; the magic of the Hard Thing Rule; and so much more. Winningly personal, insightful, and even life-changing, Grit is a book about what goes through your head when you fall down, and how that—not talent or luck—makes all the difference. This is "a fascinating tour of the psychological research on success" (The Wall Street Journal).

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