

durga saptashati pdf

durga saptashati pdf is a widely sought-after digital resource that provides access to one of the most revered Hindu scriptures dedicated to Goddess Durga. This sacred text, also known as the Devi Mahatmya or Chandi Path, consists of 700 verses glorifying the divine feminine power and narrating the triumph of good over evil. The availability of the Durga Saptashati in PDF format allows devotees, scholars, and spiritual practitioners to conveniently read, study, and chant the text anytime and anywhere. Understanding the significance, structure, and usage of the Durga Saptashati PDF enhances one's spiritual practice and appreciation of the text's deep philosophical meanings. This article explores the origins, content, benefits, and practical aspects of the Durga Saptashati PDF. It also provides guidance on how to use this resource effectively for religious observances and personal growth.

- Introduction to Durga Saptashati
- Structure and Content of Durga Saptashati PDF
- Significance and Spiritual Benefits
- How to Use Durga Saptashati PDF
- Sources and Authenticity of Durga Saptashati PDF

Introduction to Durga Saptashati

The Durga Saptashati, also known as the Devi Mahatmya, is a central text in the Shakta tradition of Hinduism. It is part of the Markandeya Purana and consists of 700 shlokas (verses) divided into 13 chapters. The text narrates the exploits of Goddess Durga in her various forms, particularly emphasizing her battles against demonic forces. The **durga saptashati pdf** provides a digital format that preserves the original Sanskrit verses along with translations and commentaries, making it accessible to a global audience. This scripture is recited during Navaratri and other festivals dedicated to the Divine Mother, serving as a powerful tool for spiritual upliftment and protection.

Historical Background

The Durga Saptashati holds a prominent position in Hindu mythology and scripture. Composed over a thousand years ago, it celebrates the victory of the goddess over the demon Mahishasura and other malevolent entities. The text has inspired countless devotional practices and has been passed down through

oral and written traditions. The availability of the **durga saptashati pdf** ensures the preservation and propagation of this ancient wisdom in the modern era.

Importance in Hindu Worship

Devotees regard the Durga Saptashati as a source of divine blessings and protection. It is chanted during religious ceremonies, meditation sessions, and personal worship to invoke the goddess's energy. The **durga saptashati pdf** offers an easy-to-use format for daily recitation and study, supporting spiritual goals such as inner strength, courage, and peace of mind.

Structure and Content of Durga Saptashati PDF

The **durga saptashati pdf** typically contains the original Sanskrit text along with translations in various languages, including English. The text is divided into three main sections or episodes, each describing different aspects and deeds of Goddess Durga.

Three Major Episodes

The Durga Saptashati is structured into three parts that together narrate the divine exploits of the goddess:

1. **Prathama Charitra:** The first episode describes the battle between Durga and the demon Madhu and Kaitabha.
2. **Dwitiya Charitra:** The second episode focuses on the story of the goddess slaying the buffalo demon Mahishasura.
3. **Tritiya Charitra:** The third episode recounts the destruction of the demons Shumbha and Nishumbha by the goddess.

Additional Features in the PDF

Modern **durga saptashati pdf** versions often include:

- Transliteration of Sanskrit verses for easier pronunciation
- Detailed English translations explaining the meaning of each verse

- Commentaries by renowned scholars to clarify complex concepts
- Instructions for ritualistic chanting and worship
- Illustrations or diagrams relevant to the goddess and her symbolism

Significance and Spiritual Benefits

The Durga Saptashati is not only a religious text but also a spiritual guide that emphasizes the power of the divine feminine. Reciting or studying the **durga saptashati pdf** can bring various benefits to practitioners.

Empowerment and Protection

One of the primary spiritual benefits of the Durga Saptashati is the empowerment it provides against negative energies and obstacles. The goddess is revered as a fierce protector who removes ignorance, fear, and evil influences from the lives of devotees. The **durga saptashati pdf** enables consistent practice, which is believed to shield one from harm and adversity.

Mental Peace and Concentration

Regular chanting of the Durga Saptashati improves mental clarity, focus, and emotional stability. The verses invoke the goddess's serene yet powerful presence, fostering inner peace and resilience. The **durga saptashati pdf** format supports meditative reading and chanting, enhancing these effects.

Spiritual Growth and Devotion

The text encourages devotion (bhakti) and surrender to the divine will, which are essential aspects of spiritual progress. The stories and hymns inspire faith and encourage practitioners to cultivate virtues such as courage, compassion, and righteousness. The accessibility of the **durga saptashati pdf** promotes deeper engagement with the scripture's teachings.

How to Use Durga Saptashati PDF

Utilizing the **durga saptashati pdf** effectively requires understanding its structure and the proper methods of recitation and worship. The digital format offers flexibility and convenience for practitioners of all levels.

Reading and Chanting Practices

The Durga Saptashati is traditionally chanted aloud during religious ceremonies and personal worship. The **durga saptashati pdf** often includes transliterations, making it easier for those unfamiliar with Sanskrit to pronounce the verses correctly. It is recommended to chant the text with devotion and concentration to derive maximum spiritual benefits.

Integration in Rituals and Festivals

The Durga Saptashati is central to Navaratri celebrations, where it is recited over nine nights to honor Goddess Durga. The **durga saptashati pdf** facilitates this practice by providing a portable and comprehensive version of the text. It can also be used during other auspicious occasions or as part of daily spiritual routines.

Tips for Effective Use

- Set aside a quiet space and time free from distractions for recitation.
- Use the PDF's translation and commentary sections to understand the deeper meanings.
- Combine chanting with meditation or visualization of the goddess for enhanced effects.
- Maintain consistency by incorporating the Durga Saptashati into regular spiritual practice.
- Respect the text by handling the PDF with reverence and keeping it in a clean environment.

Sources and Authenticity of Durga Saptashati PDF

With numerous versions available online, ensuring the authenticity and accuracy of the **durga saptashati pdf** is crucial for proper study and worship. Authentic texts adhere closely to the original Sanskrit manuscripts and include reliable translations and commentaries.

Criteria for Authentic PDFs

Reliable Durga Saptashati PDFs are characterized by:

- Accurate Sanskrit text verified against traditional manuscripts

- Clear transliteration for correct pronunciation
- Faithful and comprehensible translations
- Scholarly commentaries from recognized experts
- Proper formatting for ease of reading and use during rituals

Recommended Practices for Verification

To confirm the authenticity of a **durga saptashati pdf**, practitioners should:

- Compare multiple versions to identify discrepancies
- Consult with knowledgeable scholars or spiritual leaders
- Prefer editions published by reputable spiritual organizations or publishers
- Use PDFs that include critical notes and explanations for clarity

Frequently Asked Questions

What is Durga Saptashati PDF?

Durga Saptashati PDF is a digital version of the sacred Hindu scripture consisting of 700 verses dedicated to Goddess Durga, also known as Devi Mahatmya or Chandi Path.

Where can I download the Durga Saptashati PDF for free?

You can download the Durga Saptashati PDF for free from various religious websites, digital libraries, and platforms like archive.org, sacred-texts.com, or specific Hindu devotional sites.

Is the Durga Saptashati PDF available in English translation?

Yes, the Durga Saptashati PDF is available in multiple languages, including English translations that provide explanations and interpretations alongside the original Sanskrit verses.

Can I find audio versions of Durga Saptashati along with the PDF?

Yes, many websites and apps offer audio recitations of Durga Saptashati, which you can use alongside the PDF for better understanding and chanting.

What is the significance of reading Durga Saptashati regularly?

Regular reading of Durga Saptashati is believed to invoke the blessings of Goddess Durga, protect devotees from negative energies, and bring spiritual strength and prosperity.

Are there any apps that provide Durga Saptashati PDF and related resources?

Yes, several mobile apps dedicated to Hindu scriptures provide Durga Saptashati PDFs, audio recitations, and daily readings for devotees on platforms like Android and iOS.

How can I ensure the authenticity of the Durga Saptashati PDF I download?

To ensure authenticity, download Durga Saptashati PDFs from reputable sources such as established religious organizations, well-known publishers, or official Hindu temple websites.

Additional Resources

1. *Durga Saptashati: The Power of the Goddess*

This book offers a comprehensive translation and commentary on the Durga Saptashati, a sacred Hindu text dedicated to Goddess Durga. It explores the themes of divine feminine power, protection, and victory over evil. Ideal for both scholars and spiritual practitioners, the book provides insights into the rituals and significance of the text.

2. *Durga Saptashati PDF with Hindi and English Translation*

A bilingual edition of the Durga Saptashati, this book presents the original Sanskrit verses alongside Hindi and English translations. It is designed to aid readers in understanding the spiritual and mythological aspects of the text. The inclusion of transliteration helps those unfamiliar with Devanagari script.

3. *The Goddess in Durga Saptashati: Mythology and Worship*

This book delves into the mythology surrounding Goddess Durga as depicted in the Durga Saptashati. It discusses various stories of her battles against demons and her role as a protector. The book also covers traditional worship practices and festivals associated with the goddess.

4. *Durga Saptashati: A Spiritual Guide to Shakti Worship*

Focusing on the spiritual dimensions of the Durga Saptashati, this guide explains the significance of reciting the text for invoking Shakti, the divine feminine energy. It provides practical advice on chanting, meditation, and the benefits of regular recitation. This book is suitable for devotees seeking to deepen their spiritual practice.

5. *Durga Saptashati with Commentary by Swami Satyananda Saraswati*

Featuring detailed commentary by the renowned spiritual teacher Swami Satyananda Saraswati, this edition illuminates the deeper meanings of the Durga Saptashati verses. It blends traditional interpretations with modern insights, making the text accessible to contemporary readers. The commentary helps in understanding the symbolic and metaphysical aspects of the scripture.

6. *Durga Saptashati: The Triumph of the Divine Mother*

This edition highlights the narrative of the divine mother's victory over negative forces as portrayed in the Durga Saptashati. It includes historical context, literary analysis, and explanations of key episodes. The book is enriched with illustrations and devotional hymns to enhance the reading experience.

7. *Durga Saptashati: Mantras and Rituals for Protection*

A practical manual focusing on the mantras and rituals found within the Durga Saptashati, this book guides readers on how to perform protective ceremonies. It explains the significance of each mantra and the correct methods for chanting them. The book is useful for both beginners and experienced practitioners of Hindu rituals.

8. *Durga Saptashati: A Devotional Journey*

This devotional book presents the Durga Saptashati as a pathway to cultivating faith and devotion towards Goddess Durga. It includes personal reflections, stories of miracles, and testimonials from devotees. The book encourages readers to connect emotionally and spiritually with the divine mother.

9. *Durga Saptashati: Sanskrit Text with English Transliteration*

This edition provides the original Sanskrit text of the Durga Saptashati along with English transliteration, making it easier for readers to chant and memorize the verses. It is ideal for those interested in preserving the traditional pronunciation and rhythm. The book also includes a glossary of key terms and brief explanations of each chapter.

Durga Saptashati Pdf

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Durga Saptashati PDF: A Comprehensive Guide to the Divine Mother

Book Title: The Power of Durga: Understanding and Reciting the Durga Saptashati

Outline:

Introduction: The Significance of the Durga Saptashati and its Place in Hindu Mythology.

Chapter 1: The Origin and Context of the Durga Saptashati: Tracing the text's origins, its inclusion within the Markandeya Purana, and its historical significance.

Chapter 2: The Narrative Structure and Key Characters: Analyzing the story's structure, focusing on the key characters like Durga, Mahishasura, and other Gods and Goddesses.

Chapter 3: The Seven Chapters (Saptashati) and Their Symbolic Meanings: A detailed explanation of each chapter, their individual stories, and their collective symbolic significance.

Chapter 4: Mantras, Stotras, and Their Recitation: Guidance on the proper recitation of mantras and stotras found within the text, along with their phonetic pronunciation.

Chapter 5: The Significance of Durga Puja and its Connection to the Saptashati: Exploring the festival's relevance to the text and its ritualistic practices.

Chapter 6: The Philosophical Interpretations of the Durga Saptashati: Delving into the deeper meanings and philosophical implications of the text concerning good versus evil, devotion, and divine power.

Conclusion: Summarizing the key takeaways and highlighting the ongoing relevance of the Durga Saptashati in contemporary Hinduism.

The Power of Durga: Understanding and Reciting the Durga Saptashati

Introduction: Embracing the Divine Feminine Power

The Durga Saptashati, meaning "seven hundred verses of Durga," is a sacred text deeply revered in Hinduism. It forms a significant part of the Markandeya Purana, one of the eighteen Mahapuranas. This powerful text narrates the epic battle between the Goddess Durga (also known as Devi, Shakti, Parvati) and the demon Mahishasura, symbolizing the eternal struggle between good and evil. More than just a mythological tale, the Durga Saptashati offers profound philosophical insights into the nature of divinity, the power of devotion (bhakti), and the triumph of righteousness. Its recitation is believed to bestow blessings, protection, and spiritual growth on the devotees. This comprehensive guide aims to illuminate the significance and meaning of this ancient text, making it accessible to a wider audience.

Chapter 1: Unveiling the Origins and Context of the Durga

Saptashati

The Durga Saptashati isn't a standalone scripture; it's intricately woven into the larger narrative of the Markandeya Purana. Understanding its context within this Purana is crucial to grasping its full meaning. The Markandeya Purana itself is a vast collection of stories, hymns, and philosophical discussions that span a wide range of Hindu beliefs and practices. The Saptashati, however, stands out due to its focused narrative and powerful imagery. Its precise origins are shrouded in the mists of time, with some scholars tracing its composition to the early centuries of the Common Era. However, its enduring popularity and continuous recitation throughout centuries are testament to its timeless appeal and powerful resonance with devotees. Understanding the historical and literary background of the text allows us to appreciate its evolution and its continuing importance in Hindu religious life. Analyzing the stylistic elements and comparing it to other similar texts of the period can further enrich our understanding of its place within the broader Hindu literary canon.

Chapter 2: Deciphering the Narrative and Key Players

The narrative structure of the Durga Saptashati is remarkably captivating. It revolves around the birth of the mighty Goddess Durga, her divine weaponry, and her fierce battle against Mahishasura, the shape-shifting buffalo demon. The story isn't just a simple good-versus-evil narrative; it's rich in symbolism and allegorical interpretations. Understanding the roles and significance of the key characters is vital. Durga, the embodiment of divine feminine power, embodies strength, courage, and compassion. Mahishasura, though a demon, represents the forces of ignorance, ego, and malevolence. Other Gods and Goddesses, like Brahma, Vishnu, and Shiva, actively participate, highlighting the unity and cooperation within the divine realm. Analyzing the interactions between these characters provides a deeper understanding of the underlying themes of the Saptashati. For example, the role of the Gods in creating Durga highlights the collective divine response to cosmic imbalance.

Chapter 3: Exploring the Seven Chapters and Their Symbolic Wealth

The Durga Saptashati is divided into seven chapters (Saptashati), each narrating a specific episode in the battle between Durga and Mahishasura. Each chapter unfolds a distinct aspect of Durga's power and the demon's relentless attempts at thwarting her. The symbolic richness of these chapters is immense. The weapons Durga wields – the trident, the discus, the sword, etc. – are not merely physical instruments but represent different aspects of her divine power. The transformations of Mahishasura symbolize the multifaceted nature of evil and its adaptability. A close reading of each chapter, paying attention to the detailed descriptions and dialogues, reveals layers of meaning that go beyond the literal narrative. Each chapter represents a different stage in the spiritual journey, highlighting the challenges and victories in overcoming inner demons. This detailed analysis helps in understanding the progressive narrative and the evolving powers of the Goddess.

Chapter 4: Mastering the Mantras and Stotras: A Guide to Recitation

The Durga Saptashati is not just a story; it's a collection of powerful mantras and stotras (hymns) dedicated to the Goddess Durga. These mantras and stotras are believed to possess immense spiritual power and are integral to the recitation of the text. This chapter provides guidance on the proper pronunciation, intonation, and contextual understanding of these mantras. It explains the significance of each mantra and its specific purpose. The correct recitation of these mantras is considered essential to derive their full spiritual benefits. Furthermore, this section aims to provide resources and tools for accurate pronunciation, helping readers achieve a deeper connection with the text through correct recitation. This can be supplemented with audio recordings and transliterations for better understanding and practice.

Chapter 5: Durga Puja and its Intimate Connection with the Saptashati

Durga Puja, one of the most significant festivals in Hinduism, is deeply intertwined with the Durga Saptashati. The festival's rituals and ceremonies are directly linked to the events narrated in the text. This chapter explores the connection between the festival and the Saptashati, explaining how the events of the epic battle are enacted and celebrated during the Puja. Understanding this connection enhances the appreciation of the festival's spiritual significance and allows devotees to participate more meaningfully. This section explains the significance of specific rituals and offerings during the Durga Puja and how they correlate with the narratives and hymns in the Saptashati.

Chapter 6: Unveiling the Philosophical Depth of the Durga Saptashati

Beyond the mythological narrative, the Durga Saptashati holds profound philosophical implications. The battle between Durga and Mahishasura represents the eternal struggle between good and evil, dharma and adharma (righteousness and unrighteousness). The text explores themes of devotion, surrender, and the ultimate triumph of divine power. This chapter delves into these philosophical aspects, exploring various interpretations and perspectives. It examines the text's relevance to contemporary issues of morality, spiritual growth, and the human condition. This section also opens up to different schools of thought and interpretations of the philosophical meaning of the text.

Conclusion: The Enduring Legacy of the Divine Mother

The Durga Saptashati remains a timeless classic, its relevance transcending geographical and

temporal boundaries. Its enduring popularity highlights its potent ability to inspire, uplift, and provide spiritual solace. The recitation and study of this text empower devotees to connect with the divine feminine power and find strength in times of adversity. The text's enduring appeal lies in its ability to provide both a thrilling mythological narrative and a profound philosophical exploration of fundamental human experiences. The lessons learned from the Saptashati—the triumph of good over evil, the power of devotion, and the importance of righteousness—are universally applicable and remain as pertinent today as they were centuries ago.

FAQs:

1. What is the best way to recite the Durga Saptashati? Ideally, with devotion, understanding the meaning, and proper pronunciation. Consider guided recitations or seeking guidance from a learned scholar.
2. Can I read the Durga Saptashati in translation? Yes, many translations are available in various languages. However, understanding Sanskrit pronunciation is beneficial for capturing the mantras' full power.
3. What are the benefits of reciting the Durga Saptashati? It's believed to bring blessings, protection, spiritual growth, and overcome obstacles.
4. Is it necessary to be Hindu to benefit from the Saptashati? No, its universal themes of good vs. evil and spiritual strength resonate across faith boundaries.
5. Where can I find a reliable Durga Saptashati PDF? Reputable publishers and online Sanskrit resources offer trustworthy versions. Be wary of low-quality or incomplete versions.
6. How long does it take to recite the entire Durga Saptashati? The time varies depending on recitation speed and language; it could take several hours.
7. What are the different interpretations of the Durga Saptashati? Interpretations vary across different schools of thought and individual understandings, ranging from purely mythological to deeply philosophical.
8. Are there any specific rituals associated with reciting the Durga Saptashati? Some devotees perform specific rituals like lighting lamps, offering flowers, and maintaining purity during recitation.
9. Can the Durga Saptashati be used for self-improvement? Yes, its themes of overcoming challenges and inner strength offer valuable lessons for personal growth.

Related Articles:

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3. Understanding Hindu Mythology: Key Deities and Their Stories: Providing context and background for understanding the characters in the Saptashati.
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durga saptashati pdf: Secret Bija Mantras of the Chandi Pathah Swami Satyananda Saraswati, 2019-07-10 The entire Chaṇḍī Pāṭhaḥ purports to be a bridge or commentary on the two Rig Vedic hymns included at its beginning and end: the Rātri Sūktam, Praise to the Night of Duality, and the Devi Sūktam, Praise to the Goddess who is Unity. The 700 verses of DurgāSaptaśatī, or Chaṇḍī Pāṭhaḥ, tell us how to make the journey from duality to unity, by calling upon the Divine Mother to withdraw Her energy from negativity and give it unequivocally to positivity. Contained within are the Bija mantras which represent the 700 verses. The text is presented in Devanagari, Roman transliteration, and English translation

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seems spellbound by argument over dialogue, vivaad over samvaad, Devdutt highlights how Krishna nudges Arjuna to understand rather than judge his relationships. This becomes relevant today when we are increasingly indulging and isolating the self (selfimprovement, selfactualization, selfrealization-even selfies).We forget that we live in an ecosystem of others, where we can nourish each other with food, love and meaning, even when we fight. So let My Gita inform your Gita.

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durga saptashati pdf: Shakti Vanamali, 2008-07-21 Presents the mystery of the Divine Mother in all her manifold aspects • Explores more than 30 different goddess aspects of the Shakti force, both beneficial and malefic • Includes Sanskrit hymns and classic verses by Sri Auribindo for each of the goddesses Shakti is synonymous with the Devi, the Divine Mother or divine power that manifests, sustains, and transforms the universe. She is the womb of all creatures, and it is through her that the One becomes the many. Our first and primary relationship to the world is through the mother, the source of love, security, and nourishment. Extending this relationship to worship of a cosmic being as mother was a natural step found not only in the Shakti cult of Hinduism but also in ancient Greek, Egyptian, and Babylonian cultures. Shakti presents more than 30 goddess incarnations of the Divine Mother that represent both the beneficial and malefic aspects of the Shakti force. From Lakshmi, Parvati, and Saraswati to Durga, Chandika, and Kali--each of the different functions of the female goddesses in the Hindu pantheon is revealed, accompanied by traditional Sanskrit hymns, classic verses by Sri Auribindo, and discussions of tantric philosophy. The author draws from the Devi Bhagavatham, which describes all the stories of Shakti, and the Devi Mahatmyam, the most powerful scriptural text that glorifies Shakti in her form as Durga. Using these texts she shows that through the power and grace of the Divine Mother we may be released from the darkness of ignorance and taken to the abode of knowledge, immortality, and bliss--the source from which we have come.

durga saptashati pdf: Kularnava Tantra M. P. Pandit, 2007 The Kularnava is perhaps the foremost Tantra of the Kaula School and is constantly cited as an authority in Tantric literature. It is worthy of close study by those who would understand the tenets and practice of the tradition of which it is a Sastra. The Introduction by Arthur Avalon gives a concise outline of the work. Sri M.P. Pandit who is a keen student of the Tantras and Vedas has rendered the work in English in eleven chapters. The readings are free translations, with annotations where necessary, omitting technical details but preserving the spirit and essential import of the original in his characteristically lucid style. The Kularnava prescribes the modes of preparation for the high quest; it draws upon ethics, religion, philosophy, yoga to elevate human life gradually to the level of godly life. It comprehends the multiple personality of man and provides for the healthy growth of his mental faculties, purification of his physical faculties through ritual, japa, mantra and upasana. Who is fit for the path of Tantra? Who is competent to guide the novice on the double - edged razor path? What is the responsibility of a Guru to a disciple? These and other relevant questions are raised and answered in a satisfying manner.

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durga saptashati pdf: Markandeya Purana Veda VYASA, 2019-07-19 The birds said- 'O Jaimini! This was the way, sage Markandeya had narrated the divine tales to Kraustuki. A person who either studies this Purana or listens to it achieves great accomplishment. All his desires are fulfilled and he enjoys a long life. He becomes free from all his sins. Markandeya Purana is the seventh among all the eighteen Puranas. Listening to it helps a man to atone for all the sins

committed during the period of one hundred crore Kalpas. The virtues attained by listening to Markandeya Purana are equivalent to the virtues attained by making donations at Pushkar or by studying all the Vedas.'Jaimini replied- 'O birds! You have enlightened my mind by narrating the tales of Markandeya Purana and have made it free from all sorts of confusion. May the almighty God bless you, may you enjoy a long life free from all the diseases.'Saying like this, Jaimini went back to his hermitage.

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his creation of the cosmic couple, or hierogamos; and how Shiva and Parvati taught the world the secrets of Kundalini Shakti. The author also draws upon Shaivite teachings to illustrate the differences between Western science and Vedic science and their explanations for the origins of consciousness. Integrating Shiva's two sides, the fierce and the peaceful, Vanamali reveals that Shiva's form depends on the needs of the devotee. Understanding his teachings allows one to see through the illusions at the root of all grief and alienation in human life, for Shiva is the wielder of maya who does not fall under its spell. While Ganesha is known as the remover of obstacles, Shiva is the remover of tears.

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