

christian premarital counseling workbook

christian premarital counseling workbook is an essential resource designed to help engaged couples prepare spiritually, emotionally, and practically for marriage. This type of workbook integrates biblical principles with practical exercises, promoting healthy communication, conflict resolution, and mutual understanding. By engaging with these structured materials, couples can explore important topics such as faith, values, roles, and expectations before entering into marriage. This article will explore the benefits, key components, and how to choose the right christian premarital counseling workbook for a successful marital foundation. The following sections provide a comprehensive overview of this invaluable tool for couples seeking to build a Christ-centered marriage.

- Benefits of a Christian Premarital Counseling Workbook
- Key Components of an Effective Workbook
- How to Choose the Right Workbook
- Integrating Workbook Exercises into Counseling Sessions
- Common Topics Covered in Christian Premarital Counseling

Benefits of a Christian Premarital Counseling Workbook

Using a christian premarital counseling workbook offers numerous advantages for couples preparing for marriage. These workbooks provide a structured approach to exploring essential topics, encouraging couples to communicate openly and honestly. The integration of biblical teachings helps align the couple's relationship goals with their faith, promoting spiritual growth alongside emotional

intimacy. Moreover, these workbooks serve as a practical guide, offering exercises and reflections that facilitate deeper understanding and connection.

Enhances Communication Skills

One of the primary benefits of a christian premarital counseling workbook is its focus on improving communication. Through guided questions and activities, couples learn to express their thoughts and feelings effectively, which is crucial for resolving conflicts and fostering mutual respect in marriage.

Builds a Strong Spiritual Foundation

The workbook emphasizes the importance of incorporating Christian values and biblical principles into the relationship. This spiritual foundation helps couples navigate challenges with faith and grace, creating a marriage rooted in shared beliefs and purpose.

Encourages Self-Reflection and Growth

Couples are encouraged to evaluate their individual strengths, weaknesses, and expectations. This self-awareness promotes personal growth and prepares each partner to contribute positively to the marriage.

Key Components of an Effective Workbook

An effective christian premarital counseling workbook contains several essential elements that guide couples through the preparatory process. These components are carefully designed to address various aspects of marriage preparation, combining theology with practical application.

Biblical Foundations and Teachings

The core of any christian premarital counseling workbook is its biblical framework. Scriptures related to marriage, love, forgiveness, and commitment are integrated throughout the workbook to provide spiritual context and guidance.

Interactive Exercises and Reflection Questions

Workbooks include exercises that encourage couples to discuss and reflect on their relationship. These activities help uncover potential areas of disagreement or misunderstanding and promote proactive problem-solving.

Topics Covering Communication, Finances, and Conflict Resolution

Comprehensive workbooks address practical areas such as communication styles, financial management, and strategies for resolving conflicts. These topics equip couples with tools to handle real-life situations effectively.

Goal Setting and Action Plans

Many workbooks incorporate sections for setting mutual goals and creating action plans. This encourages couples to commit to ongoing growth and accountability in their relationship.

How to Choose the Right Workbook

Selecting the appropriate christian premarital counseling workbook is crucial to maximizing its benefits. Various factors should be considered to ensure the workbook aligns with the couple's needs, faith background, and counseling objectives.

Consider the Theological Perspective

Different workbooks may emphasize varying theological viewpoints. It is important to choose one consistent with the couple's denomination and beliefs to maintain spiritual integrity.

Evaluate the Content and Structure

Review the workbook's topics to ensure they cover relevant areas such as communication, intimacy, finances, and family dynamics. The structure should be user-friendly, with clear instructions and engaging exercises.

Assess the Level of Professional Support

Some workbooks are designed for use alongside a counselor or pastor, while others are more self-directed. Couples should decide which format suits their situation best.

Look for Testimonials and Recommendations

Feedback from other couples or trusted faith leaders can provide insight into the workbook's effectiveness and quality.

Integrating Workbook Exercises into Counseling Sessions

Christian premarital counseling workbooks are most effective when incorporated into guided counseling sessions. This integration allows couples to discuss their responses and receive professional feedback, deepening their understanding.

Facilitating Open Dialogue

Counselors can use workbook exercises as conversation starters, encouraging couples to explore sensitive topics in a safe environment. This approach fosters honesty and vulnerability.

Tracking Progress and Addressing Challenges

Regular review of workbook responses helps counselors identify areas requiring additional attention or support. This ongoing evaluation promotes continuous improvement in the relationship.

Customizing the Counseling Experience

Workbooks provide a flexible framework that counselors can tailor to the couple's unique needs, ensuring relevant and meaningful sessions.

Common Topics Covered in Christian Premarital Counseling

The christian premarital counseling workbook typically addresses a broad range of subjects essential for marital success. These topics equip couples with knowledge and skills to build a lasting, faith-centered relationship.

- **Faith and Spirituality:** Exploring shared beliefs, prayer life, church involvement, and spiritual goals.
- **Communication:** Developing effective listening skills, expressing emotions, and managing disagreements.
- **Conflict Resolution:** Understanding conflict styles and learning biblical approaches to resolving disputes.

- **Finances:** Budgeting, financial goals, and aligning money management with Christian stewardship principles.
- **Roles and Expectations:** Clarifying expectations regarding responsibilities, family roles, and career priorities.
- **Intimacy and Sexuality:** Discussing physical and emotional intimacy in the context of biblical teachings.
- **Family and In-Laws:** Navigating relationships with extended family and establishing boundaries.
- **Parenting and Future Planning:** Considering family planning, parenting philosophies, and long-term goals.

Frequently Asked Questions

What is a Christian premarital counseling workbook?

A Christian premarital counseling workbook is a structured guide designed to help engaged couples explore important topics related to marriage from a biblical perspective, facilitating discussions and preparation for a strong, faith-based marriage.

Why should couples use a Christian premarital counseling workbook?

Couples use these workbooks to deepen their understanding of each other's values, improve communication, address potential conflicts, and build a foundation rooted in Christian principles before marriage.

What topics are typically covered in a Christian premarital counseling workbook?

Common topics include communication, conflict resolution, financial management, spiritual growth, roles and responsibilities, intimacy, and expectations for marriage.

Can a Christian premarital counseling workbook be used independently or is a counselor necessary?

While some workbooks are designed for independent use, many couples find it beneficial to use them alongside a trained Christian counselor to facilitate deeper discussion and personalized guidance.

Are Christian premarital counseling workbooks suitable for all denominations?

Most workbooks are designed with general Christian beliefs in mind and can be adapted for various denominations, but some may reflect specific doctrinal views, so it's important to choose one aligned with your faith tradition.

How long does it typically take to complete a Christian premarital counseling workbook?

Completion time varies, but most couples spend several weeks to a few months working through the material, often aligning sessions with counseling appointments or weekly meetings.

Where can couples find a quality Christian premarital counseling workbook?

Workbooks can be found at Christian bookstores, online retailers like Amazon, church resource centers, and through recommendations from pastors or premarital counselors.

What are the benefits of using a Christian premarital counseling workbook compared to secular ones?

Christian workbooks integrate biblical teachings and faith-based principles, helping couples build their marriage on spiritual foundations, which can provide additional emotional and moral support compared to secular alternatives.

Additional Resources

1. *“The Meaning of Marriage Workbook: A Couple's Guide to a Lifetime of Love” by Timothy Keller*

This workbook complements Timothy Keller's well-known book on marriage, providing practical exercises and reflections to help couples explore biblical principles of marriage. It encourages open communication, conflict resolution, and spiritual growth within the relationship. Ideal for premarital counseling, it aids couples in establishing a strong foundation for a lifelong commitment.

2. *“Preparing for Marriage: A Christian Workbook for Couples” by Dennis and Barbara Rainey*

This workbook offers a step-by-step approach to premarital counseling from a Christian perspective. It covers essential topics like communication, conflict management, financial stewardship, and intimacy. The Rainey's use scripture and real-life examples to help couples build a marriage rooted in faith and understanding.

3. *“The 5 Love Languages Marriage Prep Edition Workbook” by Gary Chapman*

Based on the bestselling concept of love languages, this workbook helps couples identify and understand each other's primary love languages before marriage. It provides exercises to enhance emotional connection and improve communication. This edition is tailored for couples preparing to marry, focusing on strengthening their bond through practical application.

4. *“Saving Your Marriage Before It Starts Workbook” by Drs. Les and Leslie Parrott*

Designed for engaged couples, this workbook offers comprehensive tools to address common relationship challenges before they arise. It includes quizzes, activities, and discussion prompts that

encourage honest conversations about expectations, values, and conflict resolution. The Parrotts integrate biblical wisdom with psychological insights to prepare couples for a healthy marriage.

5. *“Before You Say ‘I Do’: A Marriage Preparation Guide and Workbook”* by H. Norman Wright

This workbook is a thorough guide for couples planning to marry, focusing on practical and spiritual preparation. Topics include communication skills, personality differences, finances, and spiritual growth. Wright’s approach is compassionate and straightforward, helping couples build a resilient and Christ-centered marriage.

6. *“The Marriage Preparation Workbook: Building a Strong Foundation for Your Future”* by Rick Johnson

Rick Johnson’s workbook offers a structured program for premarital counseling that emphasizes building a solid foundation through faith and practical skills. It includes exercises on understanding roles, managing conflict, and setting goals together. This workbook is well-suited for couples and counselors seeking a biblically grounded premarital curriculum.

7. *“Intimate Issues: Twenty-One Questions Christian Couples Should Ask Before Getting Married”* by Linda Dillow

This book and accompanying workbook address vital questions about intimacy, expectations, and emotional connection from a Christian perspective. Linda Dillow encourages couples to have candid, faith-based discussions that prepare them for a healthy sexual and emotional relationship. It’s an invaluable resource for premarital counseling focused on intimacy and communication.

8. *“The Premarital Counseling Workbook: A Practical Guide for Couples”* by Brian Moore

Brian Moore’s workbook provides practical exercises and discussion topics designed to facilitate meaningful premarital conversations. It covers communication, conflict resolution, finances, and spiritual alignment. This guide is useful for couples and counselors seeking a straightforward, scripture-based approach to premarital preparation.

9. *“Love & Respect Workbook: The Love She Most Desires; The Respect He Desperately Needs”* by Emerson Eggerichs

Based on Emerson Eggerichs' bestselling book, this workbook helps couples explore the dynamic of love and respect in marriage. It includes exercises and reflections that encourage mutual understanding and healthier communication patterns. This resource is particularly effective for premarital couples aiming to build a marriage marked by biblical love and respect.

[Christian Premarital Counseling Workbook](#)

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Christian Premarital Counseling Workbook: A Guide to Building a Godly Marriage

This ebook provides a comprehensive exploration of Christian premarital counseling, detailing its significance in fostering strong, faith-based marriages built on biblical principles and practical strategies for navigating the challenges of married life. It equips couples with the tools and understanding needed to build a lasting, fulfilling union rooted in their shared faith.

Workbook Title: "Building a Godly Union: A Christian Premarital Counseling Workbook"

Contents Outline:

Introduction: Understanding the Importance of Premarital Counseling within a Christian Framework.

Chapter 1: Foundational Beliefs and Values: Aligning Spiritual Beliefs and Life Goals.

Chapter 2: Communication and Conflict Resolution: Developing Healthy Communication Styles within a Godly Marriage.

Chapter 3: Finances and Financial Planning: Establishing a Shared Financial Vision and Practical Budgeting Strategies.

Chapter 4: Roles and Responsibilities: Defining Roles and Expectations within a Biblically-Based Marriage.

Chapter 5: Family and Extended Family Dynamics: Navigating Relationships with Family and Friends.

Chapter 6: Intimacy and Sexuality: Understanding God's Design for Marital Intimacy and Sexuality.

Chapter 7: Forgiveness and Grace: Cultivating Forgiveness and Extending Grace in the Marriage.

Chapter 8: Premarital Agreements and Legal Considerations: Understanding Legal Aspects of Marriage.

Conclusion: Preparing for a Lifetime of Love and Commitment in Christ.

Detailed Outline Explanation:

Introduction: This section emphasizes the crucial role of Christian premarital counseling in preparing couples for the unique challenges and blessings of marriage within a faith-based context. Recent research highlights the positive correlation between premarital counseling and marital satisfaction (e.g., studies published in the *Journal of Family Psychology*). It sets the stage for the workbook's overall purpose and approach.

Chapter 1: Foundational Beliefs and Values: This chapter delves into the importance of aligning spiritual beliefs, values, and life goals before marriage. Couples explore their individual and shared faith, discussing theological perspectives on marriage, family, and life purpose. This addresses potential conflicts stemming from differing religious views or interpretations.

Chapter 2: Communication and Conflict Resolution: Effective communication is paramount for a successful marriage. This chapter equips couples with practical tools and techniques for healthy communication, including active listening, assertive communication, and conflict resolution strategies grounded in Christian principles like forgiveness and empathy. It incorporates models from research on Gottman Method Couples Therapy.

Chapter 3: Finances and Financial Planning: Financial disagreements are a leading cause of marital conflict. This chapter provides guidance on budgeting, debt management, financial goals, and open communication about money matters, emphasizing responsible stewardship of resources as a Christian value.

Chapter 4: Roles and Responsibilities: This chapter explores the biblical understanding of roles and responsibilities within marriage, emphasizing mutual respect, submission, and partnership, while addressing potential cultural influences and personal expectations. It promotes a balanced understanding that avoids rigid interpretations and supports collaboration.

Chapter 5: Family and Extended Family Dynamics: Navigating relationships with extended family members can be challenging. This chapter provides strategies for setting healthy boundaries, managing expectations, and fostering positive relationships while prioritizing the marital unit.

Chapter 6: Intimacy and Sexuality: This chapter offers a biblically sound perspective on marital intimacy and sexuality, emphasizing its sacred nature, importance within the marriage, and promoting open and honest communication about sexual desires and needs. It addresses common misconceptions and encourages a healthy approach.

Chapter 7: Forgiveness and Grace: Forgiveness is essential for a healthy and lasting marriage. This chapter emphasizes the importance of extending grace, practicing forgiveness, and learning to overcome hurts and disappointments within a Christian framework, drawing on biblical teachings about reconciliation and restoration.

Chapter 8: Premarital Agreements and Legal Considerations: This chapter covers essential legal aspects of marriage, including premarital agreements, legal rights and responsibilities, and estate planning. This practical section ensures couples are aware of their legal obligations.

Conclusion: This concluding section reinforces the importance of ongoing commitment, communication, and spiritual growth in maintaining a healthy and fulfilling marriage, providing encouragement and resources for continued growth. It offers practical next steps for couples post-counseling.

Keywords: Christian premarital counseling, premarital workbook, marriage preparation, godly marriage, biblical marriage, Christian couples, relationship advice, communication skills, conflict resolution, financial planning, intimacy, forgiveness, premarital agreement, family dynamics, spiritual growth, marriage counseling, faith-based marriage.

FAQs:

1. Is premarital counseling necessary for Christian couples? While not mandatory, premarital counseling is highly recommended for Christian couples to build a strong foundation rooted in faith and prepare for the challenges ahead.
2. What topics are typically covered in Christian premarital counseling? Common topics include communication, conflict resolution, finances, family dynamics, intimacy, roles, and spiritual compatibility.
3. How long does Christian premarital counseling usually last? The duration varies, typically ranging from a few sessions to several months, depending on the couple's needs and the counselor's approach.
4. How can I find a Christian premarital counselor? Your pastor, church leaders, or Christian counseling organizations can provide referrals.
5. What is the cost of Christian premarital counseling? Costs vary depending on the counselor and location; some churches may offer subsidized or free services.
6. What if we disagree on some important issues before marriage? Premarital counseling provides a safe space to address disagreements, find common ground, and develop strategies for navigating differences.
7. Can premarital counseling help prevent divorce? Research suggests that couples who participate in premarital counseling have a lower risk of divorce.
8. Is it too late to seek premarital counseling if the wedding is soon? Even a few sessions before the wedding can be beneficial. It's better to have some preparation than none.
9. How can we make the most of our premarital counseling sessions? Come prepared, be honest and open with each other, and actively participate in the exercises and discussions.

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4. Resolving Conflict in a Godly Marriage: Discusses conflict resolution strategies grounded in forgiveness and grace.
5. Navigating Intimacy in a Christian Marriage: Offers a biblical perspective on intimacy and sexual health.
6. Building Strong Family Relationships in a Christian Family: Explores strategies for building healthy relationships with extended family.
7. The Role of Forgiveness in a Christian Marriage: Emphasizes the importance of forgiveness and reconciliation.
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christian premarital counseling workbook: The Premarital Counseling Handbook H. Norman Wright, 1992-04-09 In any endeavor, dreams and goals not backed by concrete plans and preparations can result in failure. And marriage is no exception, claims H. Norman Wright. In fact, without solid planning and forethought by engaged couples, we will surely see a continuation of the startling divorce rate among Christians and non-Christians alike. On the other hand, thorough premarital counseling and preparation can result in lifelong marriages that are fulfilling and God honoring. That's where the church comes in. More and more churches are realizing that their responsibility lies not only in pronouncing men and women 'husband and wife,' but also in making sure the proper foundation is laid so that marriages have a better chance of standing strong under pressure. Since its introduction in 1977 as Premarital Counseling, this book has been used by literally thousands of churches throughout the country as both a guide and reference tool. Now Dr. Wright has added new material to cover some perplexing issues that have come into prominence

only recently. Among those special concerns are: Interracial marriages Second marriages Marriages of persons from dysfunctional families Writing for both pastors and other premarital counselors, H. Norman Wright sets you at ease about the counseling process, even if you've had only limited counseling experience. As the author of the popular *Before You Say I Do* and numerous other books on marriage, H. Norman Wright documents in *The Premarital Counseling Handbook* methods that have proved successful. These will help insure that the marriages performed in your church will resist the pressures that are destroying today's married couples.

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Wes Roberts, 2019-03-26 *Build a Love that Lasts* At a time when more people are delaying marriage or writing it off altogether, those ready to walk the aisle will appreciate a frank and trusted resource to help them start marriage on the right foot. This practical guide will help you explore your relationship in depth and will provide new insight into your partner and how the two of you relate to one another establish your wants and needs as individuals and a couple before your marriage begins lay the groundwork for open and honest conversation for a stronger, healthier marriage reveal how life events and family background can influence decision making in finances, family, education, faith, and career engage you in activities that lead to thought-provoking discussion addressing your past experiences and current expectations Engaging and easy-to-use, *Before You Say I Do* is full of tried and true wisdom to help you plan for your future and build a lasting relationship with the one you love.

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christian premarital counseling workbook: *Couples Therapy Workbook* Kathleen Mates-Youngman, LMFT, 2014-10-01 *Couples Therapy Workbook* is a series of guided questions to promote meaningful couple conversations and build ongoing, connected communication. The core of this unique guide is 30 guided conversations of the most critical relationship struggles. For each of the 30 topics, there is an introduction, goal-setting strategies and 10 scripted questions to ask each other - all presented in an easy-to-use mindful style. Set in a weekly format over 30 days but can be tailored to any timeframe. Designed to be used to couples, and also by therapists working with couples (bonus clinician prep included with each conversation). Week 1- Who Are We? Falling in

Love, Friendship, Caring, Acceptance, Empathy, Emotional Intimacy, Rituals Week 2 - Who Am I? Childhood, Family Origin, Temperament, Influences, Spirituality, Values, How I Think Week 3- How do we work? Communication, Conflict, Defensiveness, Intimacy, Trust, Fidelity and Boundaries, Parenting, Staying in Sync Week 4 - What do we want? Romance, Joy and Gratitude, respect, Apologies and Forgiveness, Challenges, Relationship Savings Account, Past, Present & Future, Keeping Connected Reviews: "What a unique resource! A treasure-trove of guided conversations to increase intimacy and friendship. Therapists often ask me for good homework assignments. This book does the thinking for you. Keep it on hand and whether its values, sex, conflict or other challenging issues, you'll have a ready-made way to help your clients make immediate progress." -- Ellyn Bader, Ph.D, Founder/Director The Couples Institute This is a valuable resource for anyone working with couples. Any couple can profit greatly if they are willing to take Kathleen Youngman's challenge to explore these important topics and discuss these wonderful questions. -- Milan and Kay Yerkovich, Authors of best-selling How We Love series "Instead of offering analysis, advice or theory, The Couples Therapy Workbook offers just that, a set of questions to stimulate conversations that help couples deepen their engagement with each other and reconnect. All couples will find this an exceptional guide, and all therapists will find it an effective instrument to supplement the therapeutic process. I highly recommend it and complement the author on her creativity and attention to the core details of a connected relationship." --Harville Hendrix, Ph. D. and Helen LaKelly Hunt, Ph. D.; Authors of Making Marriage Simple and Getting the Love You Want.

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life-transforming beauty that is the mystery of marriage in the Orthodox Christian Faith. The approach taken is firmly based on both ancient Orthodox Christian principles and modern psychological principles, and is holistic and contemporary, seamlessly weaving together ancient wisdom and modern psychology into a single approach.

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christian premarital counseling workbook: *Getting Ready for Marriage Workbook* Dianne C. Sloan, Jerry Hardin, 2016-10-11 The saying goes When you marry, you don't just marry an individual, you marry a whole family. But more specifically, you are marrying the influences that family has had on your spouse. Our families have shaped our views on everything from religion to finances to sex, and, whether helpful or harmful, these views are brought to our marriage and can unknowingly affect it. *Getting Ready for Marriage Workbook* helps engaged couples and newlyweds: learn what ghosts they bring to marriage examine their family backgrounds determine guidelines for their own marriage Through interactive exercises, couples discover the roots of their beliefs, sight potential problem areas, and learn how to successfully work through problems. Couples are then encouraged to make their own covenants in specific areas such as financial matters, resolving conflict, religious orientation, and family planning & children—essential in building a strong marriage partnership.

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begin the journey of a lifetime— and you have dreams of that journey being perfect. But it won't take long for expectations of the perfect marriage to fade away in the struggles of everyday life. A long-term, vibrant marriage needs to be grounded in something sturdier than romance—it needs the life-changing power of the gospel. In this rebranded edition of *What Did You Expect?*, popular author and pastor Paul David Tripp encourages couples to make six biblical commitments to the Lord and to one another. These commitments, which include a lifestyle of confession and forgiveness, building trust, and appreciating differences, will equip couples to cultivate thriving, joy-filled marriages built on Christ.

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christian premarital counseling workbook: *No More Perfect Marriages* Jill Savage, Mark Savage, 2017-02-07 “Many people say you can fix a broken marriage, but Mark and Jill show you how.” —Dr. Juli Slattery, psychologist, author, and president of Authentic Intimacy No marriage is perfect. But every marriage can get better. Do you feel like the spark is gone? Like a critical spirit has invaded your marriage? Like you want more intimacy, but something is in the way? You could be suffering from the Perfection Infection. The Perfection Infection happens when we cultivate unrealistic expectations of ourselves and our spouse, gradually leading to intimacy-killing behavior, also known as the “Seven Slow Fades.” That was the case for Jill and Mark Savage, and it eventually led to infidelity. In *No More Perfect Marriages* they speak honestly about their struggles, how they came back from betrayal, and the principles keeping their marriage strong today. They guide you in everything you need to know to kick the Perfection Infection right out and return to intimacy. In their warm, honest, personable style, Jill and Mark discuss: How the Perfection Infection invades a marriage—even a good marriage How to detect and correct the Seven Slow Fades How to set and communicate realistic expectations What to do if your spouse just won't change How to guard your marriage from the Perfection Infection for good Hurting marriages can heal, and good marriages can become great. It takes work, yes, but *No More Perfect Marriages* will give you the insights, language, and roadmap you need for the journey. So start today. GROUP RESOURCES: A leader's

guide is included in the back of the book. FREE video curriculum and additional group resources are available for No More Perfect Marriages at www.NoMorePerfect.com. ____ “[Replaces] the Hollywood mirage of a storybook romance with a healthy blueprint of a real and rock-solid relationships. If you're looking for an authentic story, practical how-to, and hope to build true and lasting love, you've found it. — Michele Cushatt, author, *Undone: A Story of Making Peace With An Unexpected Life* “... Will empower readers to create healthier responses when facing marital challenges... Excited [to add it] to our recommended resources for couples. — Michelle Nietert, licensed counselor “Vulnerable, honest, and helpful... If you want to improve, save, restore, or renew your marriage, read this book.” — Mike Baker, sr. pastor, Eastview Christian Church, Normal, Illinois “Encouraging and very practical!” — Shaunti Feldhahn, social researcher and bestselling author of *For Women Only* and *For Men Only*

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christian premarital counseling workbook: For Women Only, For Men Only, and For Couples Only Participant's Guide Shaunti Feldhahn, Jeff Feldhahn, 2013-06-18 So that's what she means! So that's what he's thinking! · Discover surprising little things that have big impact in any relationship. · See what the latest research reveals about differences between men and women. · Master what is most important to the most important person in your life. Whether married or single, with a group or on your own, this all-in-one participant's guide offers you eye-opening insights and practical tips for understanding the opposite sex. Use this participant's guide as a companion with any, or all of, the following: · *For Women Only* (book and/or DVD study), · *For Men Only* (book and/or DVD study), and · *For Couples Only* (using both *For Men Only* and *For Women Only* books and/or the *For Couples Only* DVD) For years, men and women have seen great life change as they used these groundbreaking books in small groups, Bible studies, Sunday school classes, and premarital or marriage counseling. Now this participant's guide makes the content even more illuminating. Get ready to know “the other half” in a whole new way!

christian premarital counseling workbook: Reforming Marriage Douglas Wilson, 1995 How would you describe the spiritual aroma of your home? The source of this aroma is the relationship between husband and wife. Many can fake an attempt at keeping God's standards in some external way. What we cannot fake is the resulting, distinctive aroma of pleasure to God. *Reforming Marriage* does what few books on marriage do today: it provides biblical advice. Douglas Wilson points to the need for obedient hearts on the part of both husbands and wives. Godly marriages proceed from obedient hearts, and the greatest desire of an obedient heart is the glory of God.

christian premarital counseling workbook: Before I Do Olivia L. Baylor, 2017-10-27 *Before I do*, is a complete premarital counseling workbook for those considering marriage, already in a marriage or engaging in lasting relationship. The book consists of 200 pages of information, questionnaires, and charts that readers can complete together in the comfort of their own home or with their therapist. Some words from the author, My goal for this workbook is that it allows you to better understanding your partner and your relationship. My hope is that anyone can use this book no matter their gender, sexual orientation educational level etc., within the privacy of

their own home or with their therapist. I hope you use this book to evaluate your relationship and have a clearer understanding of it. In marriage/unity some of the smallest things can become an issue in your relationship(s). The ultimate goal with this book is that you realize that your marriage/unity isn't about your wedding day, it's about what comes after it.

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