pogil buffers

pogil buffers are an essential concept in chemistry education, particularly within guided inquiry-based learning environments. Process Oriented Guided Inquiry Learning (POGIL) activities often incorporate buffers to help students understand the principles of acid-base chemistry, equilibrium, and pH stabilization. These exercises facilitate active learning by engaging students in exploring buffer systems, their components, and their practical applications in biological and chemical contexts. This article provides a comprehensive exploration of pogil buffers, including their chemical foundations, the mechanisms by which they maintain pH, and the significance of buffers in real-world scenarios. Additionally, the article will discuss common experimental setups used in POGIL activities and the learning outcomes associated with studying buffer solutions. The information presented here is targeted at educators and students seeking a deeper understanding of buffer systems through active learning strategies.

- Understanding Buffers in Chemistry
- The Role of POGIL in Teaching Buffers
- Chemical Composition and Mechanism of Buffers
- Common Buffer Systems and Their Applications
- POGIL Activities Focused on Buffers
- Importance of Buffers in Biological Systems

Understanding Buffers in Chemistry

Buffers are solutions that resist changes in pH upon the addition of small amounts of acid or base. They play a critical role in maintaining the stability of pH in chemical and biological systems. Typically composed of a weak acid and its conjugate base or a weak base and its conjugate acid, buffers neutralize excess hydrogen (H⁺) or hydroxide (OH⁻) ions to prevent drastic shifts in pH. The concept of buffering is fundamental for students to grasp because it links acid-base chemistry with real-life applications, including enzymatic activity and environmental chemistry.

Definition and Characteristics of Buffers

A buffer solution is characterized by its ability to maintain a nearly constant pH when small quantities of acid or base are added. The effectiveness of a buffer depends on the concentration of its components and the pKa value of the weak acid or base involved. Buffer capacity defines how much acid or base the buffer can neutralize before its pH begins to change significantly.

Buffer Capacity and pH Range

Buffer capacity is influenced by both the concentration and ratio of the acid and conjugate base present. The pH range in which a buffer effectively operates typically lies within one pH unit above and below the pKa of the buffering agent. Understanding this range is crucial for designing appropriate buffers for specific experimental or physiological conditions.

The Role of POGIL in Teaching Buffers

Process Oriented Guided Inquiry Learning (POGIL) is an educational approach that emphasizes student-centered learning through guided inquiry and collaborative activities. In the context of buffers, POGIL activities help students learn by constructing their own understanding of how buffers function chemically and why they are important in various systems.

Active Learning Through POGIL

POGIL buffers activities involve students working in teams to analyze data, answer guided questions, and develop models that explain buffer behavior. This hands-on, inquiry-based approach fosters critical thinking and deepens comprehension beyond memorization.

Benefits of POGIL for Buffer Topics

By engaging students in the process of discovery, POGIL helps them connect theoretical concepts with practical implications. Students learn to apply chemical principles to predict the behavior of buffer solutions under different conditions, enhancing their problem-solving skills.

Chemical Composition and Mechanism of Buffers

Buffers consist primarily of a weak acid and its conjugate base or a weak base and its conjugate acid. These components exist in equilibrium, allowing the solution to neutralize added acids or bases effectively. The Henderson-Hasselbalch equation provides a quantitative relationship between the pH of the buffer, the pKa of the acid, and the ratio of conjugate base to acid.

Weak Acids and Conjugate Bases

The foundation of a buffer system is a weak acid (HA) that partially dissociates in solution to produce hydrogen ions and its conjugate base (A^-). The equilibrium between these species enables the buffer to absorb added H⁺ ions by shifting the equilibrium or to neutralize OH⁻ ions by generating more H⁺.

Buffer Action Mechanism

When an acid is added to a buffer, the conjugate base component reacts with the H⁺ ions to form the weak acid, thus reducing the impact on pH. Conversely, when a base is added, the weak acid donates H⁺ ions to neutralize OH⁻ ions. This dynamic equilibrium is the key mechanism by which buffers maintain pH stability.

Henderson-Hasselbalch Equation

The Henderson-Hasselbalch equation expresses the pH of a buffer solution as:

1.
$$pH = pKa + log([A^-]/[HA])$$

This equation is critical for calculating the pH of buffer solutions and designing buffers with desired properties by adjusting the concentrations of acid and conjugate base.

Common Buffer Systems and Their Applications

Several buffer systems are commonly used in laboratory and biological contexts. Each system is chosen based on its effective pH range and compatibility with the experimental or physiological environment.

Acetic Acid and Acetate Buffer

The acetic acid/acetate buffer is widely used in biochemical experiments and has an effective buffering range around pH 4.75. Its simplicity and availability make it a popular choice for maintaining pH in acidic to near-neutral conditions.

Phosphate Buffer System

The phosphate buffer system operates near physiological pH (around 7.2) and is critical in biological systems, including intracellular fluid. It consists of dihydrogen phosphate ($H2PO4^-$) and hydrogen phosphate ($HPO4^{2-}$) ions.

Other Common Buffers

Additional buffers such as tris(hydroxymethyl)aminomethane (Tris) and bicarbonate buffers are essential in various biochemical and physiological applications. Selection depends on the target pH and chemical compatibility.

• Acetic acid/acetate buffer: pH ~4.75

• Phosphate buffer: pH ~7.2

• Tris buffer: pH ~7-9

• Bicarbonate buffer: pH ~7.4 (blood plasma)

POGIL Activities Focused on Buffers

POGIL activities designed around buffers typically guide students through data analysis, calculations, and conceptual questions that elucidate the principles of buffer chemistry. These activities encourage active participation and collaborative learning.

Typical Components of a POGIL Buffer Activity

Students often work through the following steps:

- · Analyzing titration curves of weak acids or bases
- Applying the Henderson-Hasselbalch equation to calculate pH
- Predicting the effect of adding acid or base to a buffer solution
- Exploring buffer capacity and limits of buffering action

Learning Outcomes from Buffer POGILs

These guided activities reinforce key concepts such as chemical equilibrium, acid-base reactions, and the quantitative aspects of pH control. Students also develop skills in data interpretation and scientific reasoning.

Importance of Buffers in Biological Systems

Buffers are vital in maintaining homeostasis within living organisms. Cellular processes depend on stable pH environments, which are regulated by buffer systems in blood, cytoplasm, and other biological fluids.

Blood Buffer Systems

The bicarbonate buffer system is the primary buffer in human blood, maintaining pH around 7.4. It involves a dynamic equilibrium between carbonic acid (H2CO3), bicarbonate ions (HCO3⁻), and carbon dioxide (CO2), which is regulated by respiratory and renal functions.

Cellular pH Regulation

Inside cells, phosphate buffers and protein molecules contribute to pH stabilization, ensuring optimal conditions for enzymatic activity and metabolic reactions. Disruptions in buffering can lead to acidosis or alkalosis, affecting health significantly.

Frequently Asked Questions

What are POGIL buffers and why are they important in biochemistry?

POGIL buffers are specialized buffering solutions used in Process Oriented Guided Inquiry Learning (POGIL) activities to maintain stable pH conditions during biochemical experiments. They are important because they help create an optimal environment for enzyme activity and other biochemical reactions, ensuring accurate and reproducible results.

How do POGIL buffers help students understand acid-base chemistry?

POGIL buffers are used in guided inquiry activities to help students explore the principles of acid-base chemistry, such as buffer capacity, pH stability, and the role of conjugate acid-base pairs. Through hands-on experiments, students observe how buffers resist changes in pH, reinforcing theoretical concepts with practical experience.

What components typically make up a POGIL buffer system?

A typical POGIL buffer system includes a weak acid and its conjugate base (or a weak base and its conjugate acid). Common examples include acetic acid and sodium acetate or ammonium chloride and ammonia. These components work together to resist changes in pH when small amounts of acid or base are added.

Can POGIL buffers be used in experiments beyond teaching?

Yes, the principles of POGIL buffers apply broadly. While POGIL buffers are designed for educational activities, buffer solutions with similar compositions are widely used in research and industry to maintain stable pH conditions in biochemical assays, pharmaceutical formulations, and industrial processes.

How do you prepare a POGIL buffer solution for a classroom activity?

To prepare a POGIL buffer solution, you typically mix specific amounts of a weak acid and its conjugate base to achieve a desired pH. For example, combining acetic acid and sodium acetate in calculated proportions can produce a buffer with a pH around 4.75. The exact ratios depend on the target pH and buffer capacity required for the activity.

Additional Resources

- 1. POGIL Buffers in Biochemical Reactions: An Interactive Approach
 This book provides an in-depth exploration of POGIL (Process Oriented Guided Inquiry Learning) activities focused on buffer systems in biochemistry. It uses guided inquiry to help students understand how buffers maintain pH stability in biological systems. The interactive exercises promote critical thinking and application of concepts in real-world scenarios.
- 2. Understanding Buffers through POGIL: A Student-Centered Guide
 Designed for students, this guide uses the POGIL methodology to teach the principles of buffer solutions. It includes collaborative activities that encourage learners to investigate the components and functions of buffers. The book emphasizes conceptual understanding and practical problem-solving skills.
- 3. Exploring Acid-Base Buffers with POGIL Activities
 This text introduces acid-base chemistry concepts using POGIL strategies, focusing on buffer systems. Through structured group work, students explore the role of buffers in chemical equilibrium and biological contexts. The book offers detailed worksheets and explanations to facilitate active learning.
- 4. Process-Oriented Guided Inquiry Learning for Buffer Systems in Chemistry
 Focused on chemistry education, this book integrates POGIL techniques to teach buffer systems comprehensively. It covers the theory behind buffer capacity, pKa, and Henderson-Hasselbalch equation through interactive lessons. Educators will find ready-to-use activities that foster student engagement and understanding.
- 5. *Buffer Solutions and pH Stability: A POGIL Approach*This resource emphasizes the importance of buffer solutions in maintaining pH stability using POGIL methodologies. Students work through inquiry-based modules that demonstrate buffer action in laboratory and biological settings. The approach enhances retention through active participation and collaborative learning.
- 6. Teaching Buffers with POGIL: Strategies for Effective Science Instruction
 Aimed at educators, this book provides strategies for implementing POGIL activities focused on buffer chemistry. It includes lesson plans, assessment tools, and tips for facilitating group dynamics. The content supports teachers in promoting deeper comprehension of buffer systems among students.
- 7. Interactive Learning of Buffer Chemistry Using POGIL
 This book presents a collection of POGIL activities designed to teach the chemistry of buffers interactively. It guides students through conceptual challenges and real-life applications of buffer solutions. The exercises encourage teamwork and communication skills alongside scientific understanding.
- 8. Biological Buffers and Their Mechanisms: A POGIL Workbook
 Focusing on the biological relevance of buffers, this workbook employs POGIL techniques to explore buffer mechanisms in living organisms. It offers hands-on activities that link chemical principles to physiological processes. The workbook is ideal for biology and biochemistry students seeking an active learning experience.
- 9. Active Learning in Chemistry: POGIL Modules on Buffer Systems

This compilation features POGIL modules specifically targeting buffer systems in chemistry courses. Each module includes pre-activity readings, guided questions, and post-activity assessments. The material supports active learning environments and helps students build a solid foundation in buffer chemistry.

Pogil Buffers

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Pogil Buffers: Mastering the Art of Effective Problem-Based Learning

Are you tired of your POGIL activities falling flat? Do your students struggle to engage with the material, leaving you frustrated with lackluster results and minimal learning gains? Are you searching for ways to transform your POGIL implementation from a chaotic scramble to a streamlined, effective learning experience? This ebook provides the answers you need.

This guide dives deep into the often-overlooked yet crucial aspect of POGIL: buffers. We'll explore how strategically designed buffers can revolutionize your POGIL lessons, fostering deeper understanding, improved collaboration, and increased student success. Learn to create a smoother, more effective POGIL experience for both you and your students.

Unlocking the Power of Pogil Buffers: A Practical Guide

By: Dr. Anya Sharma (Fictional Expert)

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Chapter 7: Adapting Buffers to Different Learning Styles and Contexts

Conclusion: Building a Robust POGIL Framework with Buffers

Unlocking the Power of Pogil Buffers: A Practical Guide

Introduction: Understanding the Importance of Buffers in POGIL

Problem-Based Learning (PBL) methodologies, such as Process-Oriented Guided Inquiry Learning (POGIL), offer a powerful alternative to traditional lecture-based instruction. However, the effectiveness of POGIL hinges on careful planning and execution. Often, instructors encounter challenges that undermine the intended learning outcomes. This is where buffers play a critical role. Buffers are carefully planned interventions designed to anticipate and mitigate potential problems within a POGIL activity, ensuring a smoother and more effective learning experience for students. They act as safeguards, preventing common pitfalls and maximizing the benefits of the POGIL approach. This guide will equip you with the knowledge and strategies to design and implement effective buffers in your own POGIL activities.

Chapter 1: Identifying Common POGIL Challenges and How Buffers Can Help

Many instructors struggle with common POGIL implementation issues. Understanding these issues is the first step to effectively using buffers. These challenges often include:

Student Confusion: Students may struggle with the open-ended nature of POGIL activities, leading to frustration and unproductive group work. Buffers can address this by providing targeted support and clarification at critical points.

Uneven Group Dynamics: Some students may dominate discussions while others remain passive. Buffers can promote equitable participation and collaborative learning.

Lack of Progress: Groups may get stuck on a particular problem, wasting valuable class time. Strategic buffers can guide students towards solutions without giving away the answers.

Time Management Issues: POGIL activities can be time-consuming. Buffers can help manage time effectively, ensuring all key concepts are covered.

Assessment Difficulties: Evaluating student learning within a POGIL framework can be challenging. Buffers can provide opportunities for formative assessment, enabling timely interventions and adjustments.

Chapter 2: Types of Buffers: Conceptual, Procedural, and Social

We can categorize buffers into three main types:

Conceptual Buffers: These address misunderstandings or gaps in students' prior knowledge. They might involve brief explanations, clarifying definitions, providing relevant examples, or using analogies to bridge knowledge gaps.

Procedural Buffers: These focus on streamlining the group work process. They might involve providing clear instructions, establishing group roles, offering templates or guidelines for collaborative work, or incorporating time management strategies.

Social Buffers: These aim to foster positive group dynamics and inclusive participation. This might include establishing clear norms for group interaction, providing prompts for productive discussion, or implementing strategies to encourage active participation from all group members.

Chapter 3: Designing Effective Conceptual Buffers: Examples and Strategies

Effective conceptual buffers are targeted and timely. They anticipate potential points of confusion and provide just enough support to keep students moving forward. Examples include:

Pre-activity quizzes: These assess prior knowledge and identify areas needing extra attention. Vocabulary definitions: Providing clear definitions of key terms can prevent misunderstandings. Analogies and metaphors: These can help connect new concepts to students' existing knowledge. Visual aids: Diagrams, charts, and other visuals can clarify complex information. Worked examples: Showing students how to approach a problem can boost their confidence.

Chapter 4: Implementing Procedural Buffers: Streamlining Group Work

Procedural buffers ensure smooth group work by providing structure and guidance. Strategies include:

Clear instructions: Provide detailed steps for completing the activity.

Role assignments: Assign roles such as facilitator, recorder, and timekeeper.

Checklists: Use checklists to ensure all aspects of the activity are addressed.

Progress monitoring: Check in with groups regularly to assess their progress. Templates: Provide templates for recording answers or organizing thoughts.

Chapter 5: Fostering Positive Social Dynamics with Social Buffers

Social buffers aim to create a supportive and inclusive learning environment. This can involve:

Establishing group norms: Set expectations for respectful communication and collaboration.

Icebreakers: Use icebreakers to build rapport and encourage interaction.

Think-pair-share: Encourage students to share their ideas before group discussions.

Rotating group members: Prevent domination by certain individuals.

Conflict resolution strategies: Provide tools for managing disagreements constructively.

Chapter 6: Assessing the Impact of Buffers: Data Collection and Analysis

To determine the effectiveness of your buffers, gather data through various methods:

Observations: Observe group interactions to identify areas for improvement. Student feedback: Collect feedback on the clarity and helpfulness of the buffers.

Quizzes and assessments: Assess student understanding of the concepts. Group performance data: Analyze group scores and identify patterns.

Chapter 7: Adapting Buffers to Different Learning Styles and Contexts

Buffers should be adaptable to different learning styles and contexts. Consider:

Visual learners: Use visual aids and diagrams.

Auditory learners: Incorporate discussions and explanations.

Kinesthetic learners: Use hands-on activities.

Diverse learners: Ensure accessibility and inclusivity.

Conclusion: Building a Robust POGIL Framework with Buffers

By strategically incorporating buffers into your POGIL activities, you can create a more effective and engaging learning experience for your students. Remember that buffers are not a one-size-fits-all solution. Experiment with different types of buffers and adapt them to meet the specific needs of your students and the learning objectives of your course. Through thoughtful planning and implementation, you can unlock the full potential of POGIL and transform your classroom into a dynamic and collaborative learning environment.

FAOs

- 1. What is the difference between a buffer and a hint in POGIL? Hints are typically more direct suggestions towards the solution, while buffers are broader interventions addressing potential problems before they arise.
- 2. How many buffers are ideal for a single POGIL activity? The number of buffers depends on the complexity of the activity and students' prior knowledge. Start with a few key buffers and adjust based on observation and feedback.
- 3. Can buffers be used in other PBL methodologies? Yes, the principles of buffering can be applied to other PBL methods.
- 4. How do I know which type of buffer is needed? Observe student struggles and identify whether the problem is conceptual, procedural, or social.
- 5. Are buffers a sign of poorly designed POGIL activities? No, buffers are a proactive strategy to enhance learning, not a sign of flaws.
- 6. How can I encourage student participation in designing buffers? Involve students in identifying potential challenges and suggesting solutions.
- 7. How can I evaluate the effectiveness of my buffers? Use observations, student feedback, and assessment data.
- 8. Can buffers be used for online POGIL activities? Yes, buffers can be adapted for online learning environments.
- 9. What if my buffers don't seem to be working? Re-evaluate your buffers, seek feedback, and adjust as needed.

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- 3. Promoting Collaboration in POGIL Groups: Techniques for fostering positive group dynamics and effective teamwork.
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potential as adults, young people need to develop a range of skills and knowledge that facilitate mastery and application of English, mathematics, and other school subjects. At the same time, business and political leaders are increasingly asking schools to develop skills such as problem solving, critical thinking, communication, collaboration, and self-management - often referred to as 21st century skills. Education for Life and Work: Developing Transferable Knowledge and Skills in the 21st Century describes this important set of key skills that increase deeper learning, college and career readiness, student-centered learning, and higher order thinking. These labels include both cognitive and non-cognitive skills- such as critical thinking, problem solving, collaboration, effective communication, motivation, persistence, and learning to learn. 21st century skills also include creativity, innovation, and ethics that are important to later success and may be developed in formal or informal learning environments. This report also describes how these skills relate to each other and to more traditional academic skills and content in the key disciplines of reading, mathematics, and science. Education for Life and Work: Developing Transferable Knowledge and Skills in the 21st Century summarizes the findings of the research that investigates the importance of such skills to success in education, work, and other areas of adult responsibility and that demonstrates the importance of developing these skills in K-16 education. In this report, features related to learning these skills are identified, which include teacher professional development, curriculum, assessment, after-school and out-of-school programs, and informal learning centers such as exhibits and museums.

pogil buffers: Adapted Primary Literature Anat Yarden, Stephen P. Norris, Linda M. Phillips, 2015-03-16 This book specifies the foundation for Adapted Primary Literature (APL), a novel text genre that enables the learning and teaching of science using research articles that were adapted to the knowledge level of high-school students. More than 50 years ago, J.J. Schwab suggested that Primary Scientific Articles "afford the most authentic, unretouched specimens of enquiry that we can obtain" and raised for the first time the idea that such articles can be used for "enquiry into enquiry". This book, the first to be published on this topic, presents the realization of this vision and shows how the reading and writing of scientific articles can be used for inquiry learning and teaching. It provides the origins and theory of APL and examines the concept and its importance. It outlines a detailed description of creating and using APL and provides examples for the use of the enactment of APL in classes, as well as descriptions of possible future prospects for the implementation of APL. Altogether, the book lays the foundations for the use of this authentic text genre for the learning and teaching of science in secondary schools.

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pogil buffers: Principles of Modern Chemistry David W. Oxtoby, 1998-07-01 PRINCIPLES OF MODERN CHEMISTRY has dominated the honors and high mainstream general chemistry courses and is considered the standard for the course. The fifth edition is a substantial revision that maintains the rigor of previous editions but reflects the exciting modern developments taking place in chemistry today. Authors David W. Oxtoby and H. P. Gillis provide a unique approach to learning chemical principles that emphasizes the total scientific process'from observation to application'placing general chemistry into a complete perspective for serious-minded science and engineering students. Chemical principles are illustrated by the use of modern materials, comparable to equipment found in the scientific industry. Students are therefore exposed to chemistry and its applications beyond the classroom. This text is perfect for those instructors who are looking for a more advanced general chemistry textbook.

pogil buffers: Concepts of Biology Samantha Fowler, Rebecca Roush, James Wise, 2023-05-12 Black & white print. Concepts of Biology is designed for the typical introductory biology course for nonmajors, covering standard scope and sequence requirements. The text includes interesting applications and conveys the major themes of biology, with content that is meaningful and easy to understand. The book is designed to demonstrate biology concepts and to promote scientific literacy.

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pogil buffers: POGIL Activities for AP* Chemistry Flinn Scientific, 2014 pogil buffers: POGIL Activities for AP Biology, 2012-10

pogil buffers: Biochemistry Laboratory Rodney F. Boyer, 2012 The biochemistry laboratory course is an essential component in training students for careers in biochemistry, molecular biology, chemistry, and related molecular life sciences such as cell biology, neurosciences, and genetics. Increasingly, many biochemistry lab instructors opt to either design their own experiments or select them from major educational journals. Biochemistry Laboratory: Modern Theory and Techniques addresses this issue by providing a flexible alternative without experimental protocols. Instead of requiring instructors to use specific experiments, the book focuses on detailed descriptions of modern techniques in experimental biochemistry and discusses the theory behind such techniques in detail. An extensive range of techniques discussed includes Internet databases, chromatography, spectroscopy, and recombinant DNA techniques such as molecular cloning and PCR. The Second Edition introduces cutting-edge topics such as membrane-based chromatography, adds new exercises and problems throughout, and offers a completely updated Companion Website.

pogil buffers: Perspectives on Biodiversity National Research Council, Division on Earth and Life Studies, Commission on Life Sciences, Committee on Noneconomic and Economic Value of Biodiversity, 1999-10-01 Resource-management decisions, especially in the area of protecting and maintaining biodiversity, are usually incremental, limited in time by the ability to forecast conditions and human needs, and the result of tradeoffs between conservation and other management goals. The individual decisions may not have a major effect but can have a cumulative major effect. Perspectives on Biodiversity reviews current understanding of the value of biodiversity and the methods that are useful in assessing that value in particular circumstances. It recommends and details a list of components-including diversity of species, genetic variability within and among species, distribution of species across the ecosystem, the aesthetic satisfaction derived from diversity, and the duty to preserve and protect biodiversity. The book also recommends that more information about the role of biodiversity in sustaining natural resources be gathered and summarized in ways useful to managers. Acknowledging that decisions about biodiversity are necessarily qualitative and change over time because of the nonmarket nature of so many of the values, the committee recommends periodic reviews of management decisions.

pogil buffers: Chemistry OpenStax, 2014-10-02 This is part one of two for Chemistry by OpenStax. This book covers chapters 1-11. Chemistry is designed for the two-semester general

chemistry course. For many students, this course provides the foundation to a career in chemistry, while for others, this may be their only college-level science course. As such, this textbook provides an important opportunity for students to learn the core concepts of chemistry and understand how those concepts apply to their lives and the world around them. The text has been developed to meet the scope and sequence of most general chemistry courses. At the same time, the book includes a number of innovative features designed to enhance student learning. A strength of Chemistry is that instructors can customize the book, adapting it to the approach that works best in their classroom. The images in this textbook are grayscale.

pogil buffers: BIO2010 National Research Council, Division on Earth and Life Studies, Board on Life Sciences, Committee on Undergraduate Biology Education to Prepare Research Scientists for the 21st Century, 2003-02-13 Biological sciences have been revolutionized, not only in the way research is conductedâ€with the introduction of techniques such as recombinant DNA and digital technologyâ€but also in how research findings are communicated among professionals and to the public. Yet, the undergraduate programs that train biology researchers remain much the same as they were before these fundamental changes came on the scene. This new volume provides a blueprint for bringing undergraduate biology education up to the speed of today's research fast track. It includes recommendations for teaching the next generation of life science investigators, through: Building a strong interdisciplinary curriculum that includes physical science, information technology, and mathematics. Eliminating the administrative and financial barriers to cross-departmental collaboration. Evaluating the impact of medical college admissions testing on undergraduate biology education. Creating early opportunities for independent research. Designing meaningful laboratory experiences into the curriculum. The committee presents a dozen brief case studies of exemplary programs at leading institutions and lists many resources for biology educators. This volume will be important to biology faculty, administrators, practitioners, professional societies, research and education funders, and the biotechnology industry.

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pogil buffers: ACTH Action in the Adrenal Cortex: From Molecular Biology to Pathophysiology Nicole Gallo-Payet, Antoine Martinez, André Lacroix, 2017-07-27 By stimulating adrenal gland and corticosteroid synthesis, the adrenocorticotropic hormone (ACTH) plays a central role in response to stress. In this Research Topic, a particular attention has been given to the recent developments on adrenocortical zonation; the growth-promoting activities of ACTH; the various steps involved in acute and chronic regulation of steroid secretion by ACTH, including the effect of ACTH on circadian rhythms of glucocorticoid secretion. The Research Topic also reviews progress and challenges surrounding the properties of ACTH binding to the MC2 receptor (MC2R), including the importance of melanocortin-2 receptor accessory protein (MRAP) in MC2R expression and function, the various intracellular signaling cascades, which involve not only protein kinase A, the key mediator of ACTH action, but also phosphatases, phosphodiesterases, ion channels and the cytoskeleton. The importance of the proteins involved in the cell detoxification is also considered, in particular the effect that ACTH has on protection against reactive oxygen species generated during steroidogenesis. The impact of the cellular microenvironment, including local production of ACTH is discussed, both as an important factor in the maintenance of homeostasis, but also in pathological situations, such as severe inflammation. Finally, the Research Topic reviews the role that the pituitary-adrenal axis may have in the development of metabolic disorders. In addition to mutations or alterations of expression of genes encoding components of the steroidogenesis and signaling pathways, chronic stress and sleep disturbance are both associated with hyperactivity of the adrenal

gland. A resulting effect is increased glucocorticoid secretion inducing food intake and weight gain, which, in turn, leads to insulin and leptin resistance. These aspects are described in detail in this Research Topic by key investigators in the field. Many of the aspects addressed in this Research Topic still represent a stimulus for future studies, their outcome aimed at providing evidence of the central position occupied by the adrenal cortex in many metabolic functions when its homeostasis is disrupted. An in-depth investigation of the mechanisms underlying these pathways will be invaluable in developing new therapeutic tools and strategies.

pogil buffers: *EPA 430-F.* , 2008-12

pogil buffers: Chemistry & Chemical Reactivity John C. Kotz, Paul Treichel, 1999 The principal theme of this book is to provide a broad overview of the principles of chemistry and the reactivity of the chemical elements and their compounds.

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